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# MYRA'S Journal

3D.

The Leader of Fashion

Vol. XXXV.
No. 1.

JANUARY, 1908

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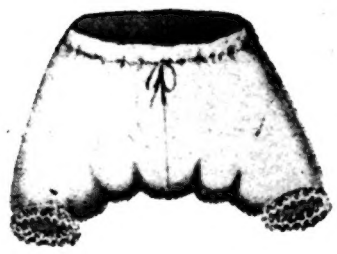
Free Patterns.



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## MIDWINTER NUMBER.

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2.—BRAIDED TAILOR PELERINE
3.—PINAFORE BLOUSE IN PIERCED CLOTH.
4.—BABY'S FIRST DRAWERS.

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WINTER MILLINERY.
ORIGINAL SUGGESTIONS FOR A LAYETTE.
COATS AND SKIRTS. NEW WRAPS.
EVENING GOWNS AND TEA GOWNS.
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# Ladies, Please Note that

# NEWS FROM FASHION CENTRES.

FROM

# VIENNA, PARIS, &c.

SOME of the prettiest walking skirts are being cut in four gores, with seam back and front. For the new style the front breadths are cut less narrow, so that the side seams come rather further back. The four gores are cut very circular, so that the top fits very neatly, with "eelskin" fit, in fact, while the lower edge falls in rich flutes. The beauty of such a skirt as this is much enhanced by the style of braiding which runs up the seams for a short space in front, further up the side seams, highest at the back.

---

Many innovations have taken place in bridal dresses. It is no longer correct to wear a court train, and even the dress skirt should not be abnormally long. Another noticeable change is the avoidance of the rich lace bridal veil. This season's brides will swathe themselves in yards and yards of tulle. A still more strange change is that at the latest fashionable weddings neither bride nor bridesmaids have worn gloves. The favourite material is *Charmeuse* silk, or rather satin, a very soft, drapeable, and sheeny material. This is decorated with chiffon ruches. Raised silver embroidery is the correct decoration for very expensive bridal gowns.

---

It is a good thing that the court train should no longer be considered a necessity for a bridal dress. Oddly enough, in a bride's general style, no difference is made whether she is going to wed a man with £20,000 a year, or with £200. In the latter case a court train is a costly piece of folly, but no one could persuade an impecunious young bride that such was the fact. Yet even a "small" dressmaker could not turn out a bridal dress with court train under £25, and the average price is a hundred guineas, that not including real lace. Of course some robes are far more costly than that, when the materials are rich, and the embroidery elaborate.

---

Some charming dance frocks are being turned out in cheap Limerick lace. The foundation skirt is of white satin veiled with a separate skirt of white chiffon. Over this is a full skirt of the chiffon, and last of all comes the full skirt of the flimsy lace. For people with a taste for the "eel-skin" cut, this may sound a trifle voluminous, but the satin skirt is a veritable "eel-skin," and the other skirts are so soft and light that they drape the figure with the lightest of folds. The whole dress should be white. Coloured satin under the white lace is not considered good style, and the chiffon should match the satin.

---

The Empire style is very much to the fore still—not the older type with very short bodice and very long skirt, but the smarter kind merely with high waist. When the waist rises much higher at the back the beauty of the gown is improved. Miss Ellis Jeffreys at the Apollo recently wore a really lovely and very up-to-date gown of this sort. It was of pale blue supple cloth, and was most gracefully draped by the lifting of the back breadths to form a wide box-pleat. The bodice was finished with a white net chemisette, beautifully tucked—such close tucks that the extreme transparency of the fabric was much modified. The gown was exquisitely trimmed with silver passementerie. A touch of contrast was obtained in the pink rose worn in the bodice.

---

The white cloth coat and skirt still holds its own. Not a few of the winter brides have selected a costume of the sort for the "going-away" dress. In some the coat is long, with cut-away basques, but the dainty little kimona coat remains a great favourite, embroidered with fine, fancy braid. Sometimes gold or silver braid is used, but it is a little too gaudy. Some coats show waistcoat and collar facings of coloured cloth. In most cases gilt buttons seem to be preferred. Collar facing and waistcoat of soft, pale green velvet look admirable, touched up with a little white-and-gold braid. Some very handsome enamel buttons are also employed, of the waistcoat colour, touched up with gold or silver.

---

*Moire antique*, of a very soft make, is being used for rich evening gowns, in really lovely pale shades or white. Nacré moire is simply exquisite, but is very dear. It looks just like mother-o'-pearl, and is a shot fabric, made up of cream, palest blue, and palest pink threads. For the slim Empire gowns just described this moire is exquisite, for no other fabrics make such firm yet soft Watteau box-pleats.

---

The lace dinner coat is having a great vogue. It is even drawn into the service of bridal gowns, and every trousseau is to contain at least one. A coat of white Irish crochet looks lovely over a princess gown of creamy satin. The lace coat should be fairly long—nearly to the knees.

---

Embroidered crêpe de chine is a fabric much in favour with the *couturiers* of the Rue de la Paix, especially for evening gowns. In fact, just now the lighter fabrics show a disposition to oust velvets and velours mousselines, though princess robes of both are to be seen. A novelty is the pleated princess dress of striped materials. Dressy coats or princess dresses are being made of striped silks, but this pleated gown has a style all its own Only wide *pékins* are built this way, and in expensive silks some of the stripes are very wide indeed. The material is pleated up to fit the figure so that the darker and narrower stripes disappear so far as the pleats are secured. All sorts of stripes are done like this. A very effective gown was made of a pékin with black satin stripe alternated with a white moire stripe finely ribbed with black.

---

Of course great care is required in making up such fabrics. When the stripes are bold, it is still more necessary to make them meet. In cutting a princess dress the greatest care is required to make the stripes meet accurately in V points all down the seams. The difficulty is increased unless the dressmaker cuts the gown from an approved pattern cut to her customer's measurements. If the seams need much retrenchment or enlargement in fitting, the meeting of the stripes is apt to be seriously affected.

---

Possibly influenced by the vile weather of November there is no doubt that mole-grey is running other shades very hard for supremacy. A costume of mole-grey cloth with white facings, decked with black-and-white silk braid, is one of the most popular. This is not to be wondered at as mole-grey is very becoming, very "lady-like," very useful, very smart.

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# HINTS ON SEA TRAVELLING.

By MRS. SCOT SKIRRING.

I.

I READ recently in an amusing book the expression of the author's wonder as to where all the "good sailors" went, as it had never been his good fortune to meet with any of them at sea. Without going quite so far as that, I can say that, out of many voyages, I have met with comparatively few people who were not only not sea-sick but who actually enjoyed themselves at sea. There are such people, but they are in a minority, and they insist upon their enjoyment with a vehemence peculiar to minorities.

In theory a sea-voyage is doubtless delightful. Complete repose, no worries, no letters, or telegrams; shut off from all the cares and responsibilities of life; entire change of society and of thought; nothing like it for an invalid or over-worried person. . . . One knows the roll of these sentences of recommendation so well. . . . Now for the other side.

Life on board ship is of necessity a life without comfort, privacy, scarcely decency. You sleep on a narrow hard bed, where you cannot turn yourself without the danger of casting your coverings to the ground, and the hard wooden edge of which bruises you when you are tossed about in bad weather. You have no sort of accommodation for any of your possessions, except a small rack over the above-mentioned bed, and a couple of hooks against the wall. The washing accommodation is miserable; and the space in which your toilet has to be performed is about the size of an ordinary bed for two persons. For days together this hole is almost without light or air, on account of the ports being closed from rough weather; and you have to share this retreat, with all its discomforts, with two or even three people, probably complete strangers, and possibly the very last people with whom you would desire any intimate association. Cabin-companionship in rough weather is a trial between beings who know each other the best, husbands and wives, sisters and intimate friends; but imagination may depict what it is likely to be with strangers, possibly quite unrefined in their ideas, and with other manners and ways to yours. Picture to yourself being shut up for days with some woman who neither washes nor wholly undresses herself at night, who objects to an open port-hole even in smooth or warm weather, and who does not understand that the presence of a cabin companion need not imply a strict supervision of her toilet also. Of course, one is not so unfortunate in one's companion always; but that it what *may* happen, and its possibility adds a new horror to anticipation.

Considering how frequntly weather is bad at sea, and how many people suffer from it, it seems a pity that large passenger ships should be arranged so entirely with a view to good weather, good health, and ordinary powers of enjoyment. The large saloons, the long and pretentious dinners, and the many table-stewards, always, to my mind, contrast very unfavourably with the confined gloomy cabins, and the meagre attendance provided for passengers. Also an irritating thought to sufferers at sea is that of how much money they have had to lay out on meals which are never partaken of, and the very odours of which help to aggravate an already almost unbearable condition.

If there could but be "invalid ships," by which the very sea-sick, those to whom a voyage is nothing but misery—a bad illness under the most wretched conditions—could travel and find some alleviation!

In the first place, some of the space now given to saloons—where healthy, happy passengers are supposed to sit, and write and read, sing and play—might be turned instead into rather superior accommodation for cabins. Is it too much to dream of, that in these superior cabins the berths should not be one on top of the other—a hideous arrangement in illness, as the occupant of the bottom berth has no air, and the other finds the climbing up and down to her lofty couch an added trial under all circumstances, and an almost impossible feat at times, added to which the ladder by which her ascent is made blocks entirely the small space in the cabin. There should be a few first-class cabins with three berths, for the accommodation of families—mothers with children, etc.—but in other cases it really is an outrage on decency, as well as a bar to all comfort, to herd more than two people together in these closets.

There ought to be more single-berthed cabins than there are, or if that uses up too much space, surely there might be cabins arranged something like school dormitories, or hospitals, with a partition half as high as the walls, between the berths, so that there might be some attempt at privacy in cabin life. People pay highly for travelling in first-class passenger ships, and I suppose that a good deal of the passage money goes towards paying for the large saloons, the many stewards, and multitudinous courses at dinner; but there are quantities of passengers who would infinitely prefer to go without most of the show and luxury in order to have a little solid comfort in their cabins and lives generally. For instance, what a difference it would make in the comfort of travelling by sea if there were some sort of "locker" with drawers, fixed against the wall, where clothes, linen, and other possessions might be placed Suppose a three-berthed cabin, with all berths occupied, and a twelve or fourteen days' voyage in prospect. With one berth over the other, there will naturally be only two of the under-berth spaces for boxes (for which trunks of a special size are made for each of the large passenger lines), for the cabin-luggage of three people; and if there are three hooks in the wall, the passengers will be lucky. Also the berth with one above it very seldom has a rack; there is no room for it. There is, perhaps, a camp-stool, or a small stand with two shelves, about a foot square, but that is a luxury which must not always be looked for. The hook has to accommodate gown, dressing-gown, ulster, fur-cloak—in short, anything which admits of being hung up, and so put comparatively out of the way; while the rack has to be piled with books, opera-glass, flask, scent-bottle, and all the odds and ends of one's toilette things and possessions; while, for change of linen, change of dress for dinner, or going on shore, or alteration of climate, it is necessary to go down on your knees, pull out a box from under the berth, and rummage for what you want. For a sea-sick passenger this is an absolute impossibility; while for many people not ill, but "feeling squeamish" after a long hot night in an airless cabin, whose one salvation is to dress quickly and get into the open air, the very fact of stooping, and pulling, and grovelling, makes all the difference between keeping up or succumbing.

Again, when the passengers are in bed there is no place for the clothes they have taken off, except at the foot of their berths, where they either get tossed off, or else slip under the mattress, and require hunting for in the morning. What a comfort would not an ordinary sized drawer be to each passenger, wherein to put clean linen and any other constantly needed articles of apparel and toilet, and where might be safely thrust a roll of the clothes taken off at night. I would suggest that the locker aforesaid should have a narrow ledge round the top, for books, writing, sketching materials, opera-glasses, etc., and so on, and over it a good-sized rack where could be placed the rugs and shawls and other unsuspendable articles in use during the day, which have to be put somewhere at night, and which usually fall off berths, and cumber the floor, and so add one more item to the general discomfort.

Then these ideal "invalid ships" should carry much fewer stewards, but extra stewardesses, really there to wait upon the sick, and not merely to act lady's-maid to the wealthiest or most exacting passengers. These ships should also have much simpler meals, with fewer dishes, which should be ordered and paid for à-la-carte, and those people who are not able to go to the table and sit through long meals, should have food served to them on deck. Let there be a certain fixed charge for meals on deck, and a fixed person to bring them (as I understand is the case on American ships), to make people pay for the extra trouble they give, and also to remove the sense of injury which now lurks in so many breasts as to the habits of other passengers, who are not ill, only self-indulgent. A person able to eat through the courses of a long menu obviously ought to go to table, and it is indeed difficult to understand why such people should ever wish to do otherwise, as below they would get their food fresh

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**ORIGINAL SUGGESTIONS FOR A LAYETTE.**

*For Descriptions see Page 9.*

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and hot, and not be restricted to the drumsticks of fowls and other leavings of the dishes when they have gone the round of the tables. But there are many people to whom sitting at table through a long meal in a heated saloon is a thing impossible. If they are to eat at all (and eating nothing through a voyage of several days is a weakening process) they *must* have their meals in the air. They only want one, or, at most, two simple dishes—say soup, and afterwards chicken, or a slice of mutton and salad—and if the law were made in all ships (not only the "invalid" one) that not more than two dishes were to be served to anyone on deck, the "ill" would be divided from the "well," the latter would be forced to their proper place at the table, and the latter would have all they want, in peace.

Nor do I think that it would hurt "well" people to travel in my invalid ship also. In fact, I believe that many of them would be better, and get more solid comfort for their money. The invalids would not be more obtrusive than they are at present—indeed, I think that less would be seen of them—as, having better cabins, some of them would stay in them who now struggle on deck in a wretched condition, simply to escape the horrors below. Then, as many people eat a great deal too much on board now, having longer and more frequent meals than when on shore, and very little exercise to counterbalance this over-indulgence, it would not hurt them to live on fewer dishes à la carte, by which means also they would pay for what they actually *do* eat, and might then realise what a very large amount it is!

## ORIGINAL SUGGESTIONS FOR A LAYETTE.

*(For Illustrations see Page 8.)*

It is an agreeable fact that daily the garments of our infants become simpler, less luxurious, yet more protective and more comfortable. The underwear, especially, shows marked improvement. In the central circle of the illustration, to the left, I draw attention to the four illustrations showing flannel vests and long flannels. The lower vest is the pretty little woollen or spun silk garment bought ready made or knitted at home. Some people object (with justice) to this successor of the little shirt, as it must be passed over the infant's head, and the tender arms might be twisted. The vest above it is a quite new model of flannel, scalloped and worked, the fronts cut with tabs, the right one of which passes through a slit on the left, to tie to the left tab at the back. Of course, such a vest does not do away with the binder (illustrated above), which should not be hemmed, but ought to be torn from the roll of flannel. The two long flannels are very good ones. The lower one is box-pleated and feather stitched at the back. The fronts, double-breasted, tie on the left. The long flannel to the left has a wadded upper part. The skirts are gored so as to have no fulness, and tie on the left.

No. 7310 is a very good style for the night-dress, very simple, without separate bodice, gathered at the neck and where the band is secured. Fine batiste is a very good material. But far newer than this is the excellent flannel night-dress, No. 7314 (left corner group), which has the fronts closing above with two tabs crossing by means of a slit in one of them. This is easily put on the child, and can be untied when any attendance is necessary.

Two fine robes—not luxurious, but pretty—are shown at Nos. 7316 and 7317 (shown in the circle group on the right.) No. 7316 is of white cashmere, tucked into an embroidered yoke, decked with woollen torchon. No. 7317 is of nainsook and lace, just decorated with a blue bow. A pretty little robe is shown at No. 7313 (left lower corner group).

The pelisse, No. 7311, is of white satin, scalloped and decked with lace.

A new style flannel pilch is shown at No. 7312 for those who still use such. No. 7312 makes nice drawers to cover the towel before the child is brought downstairs. But a better cut for this little garment will be found in our Free Patterns.

Some up-to-date head-gear for boys and girls is shown in the right top group. Some pretty bibs are illustrated at Nos. 7315 and 7318.

No. 7309 is a capital coat for the perambulator. It is very warm, being of white lambswool, scalloped all round and worked in buttonhole stitch. The fronts can button across each other, or be buttoned back as illustrated.

## BABY'S EMBROIDERED KIMONA.

*(For Illustration see No. 7319, page 8.)*

The pattern is in one piece; half the jacket. The diagram shows how to lay the pattern on 30 inches of 42-inch cashmere The single notch shows the sleeve edges the double notch the under-arm edges

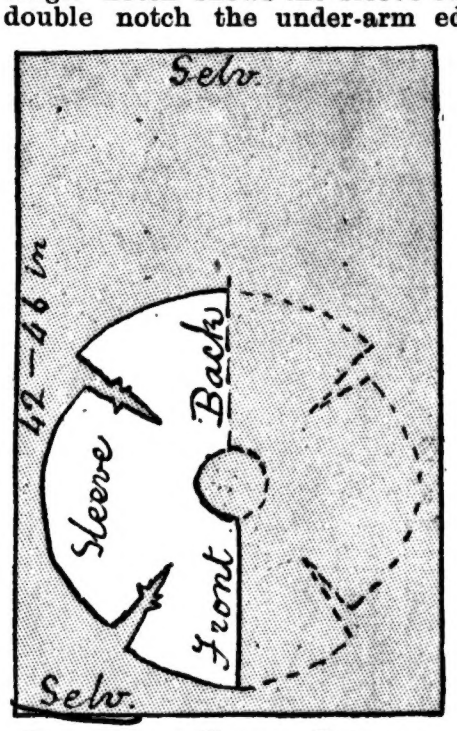



DIAGRAM OF KIMONA PATTERN.

The garment is very quickly made. It is scalloped all round, and the scallops (marked out with a shilling all round the edge) are worked in buttonhole stitch. The two fronts and the two sleeves are embroidered. The flowers are in white baby ribbon, drawn through the cashmere with a crewel needle, and the rest is in satin stitch worked with white silk.

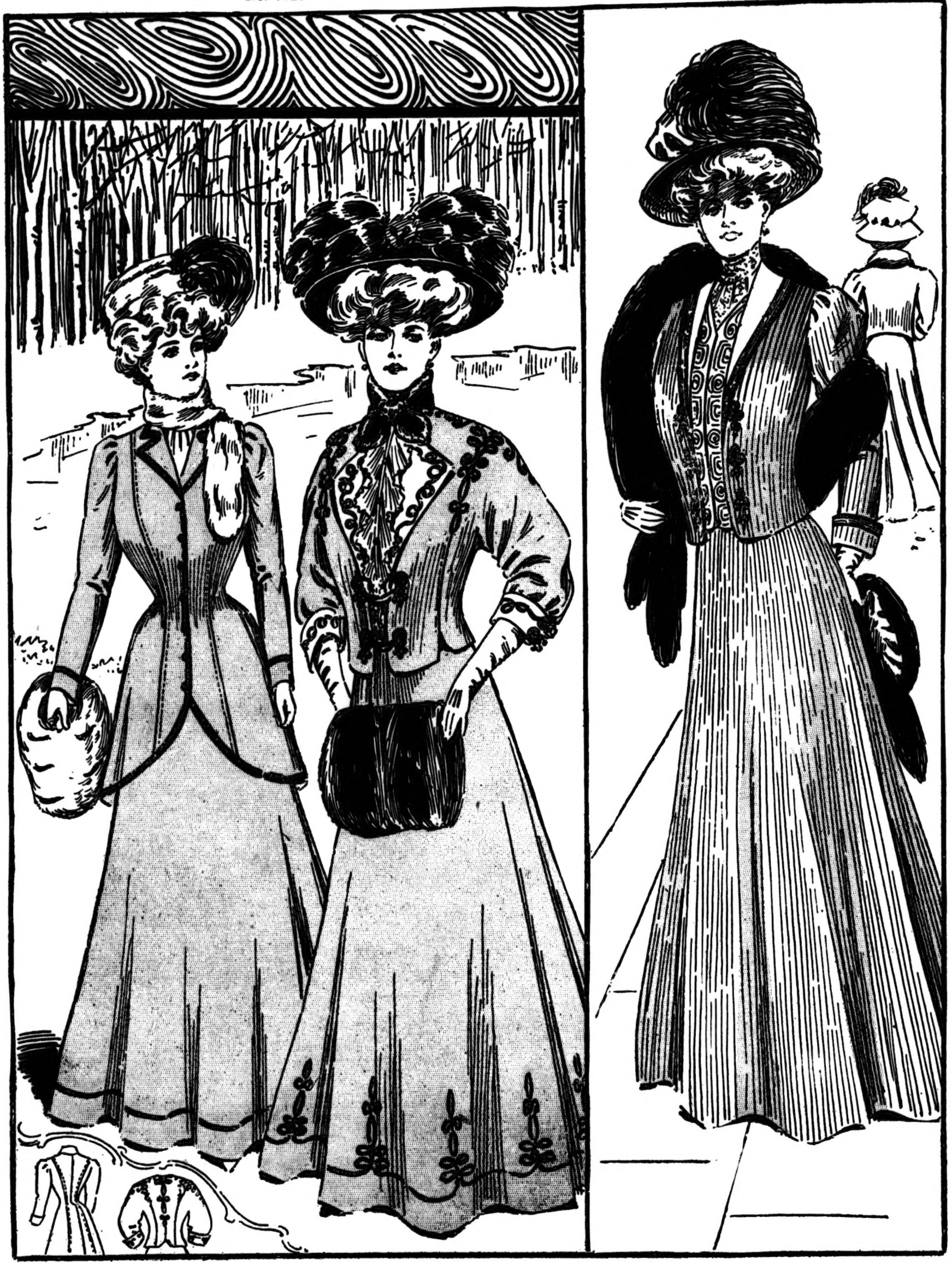
Full size transfers of the embroidery (for reversed front corners and one sleeve) can be had from Madame Myra, 10 and 11, Fetter Lane, E.C., price 4½d., post free.


# Is Obesity Hereditary?

There seems to be a prevalent idea that in many cases the tendency to obesity is hereditary; and, indeed, an eminent English medical scientist suggests that it may be handed down from parent to offspring. There is no doubt that this unfortunate belief deters many stout persons from following whole-heartedly any course of curative treatment, with the result that excessive corpulency is more general than it should be. Readers of that admirable book, "Corpulency and the Cure," by the well-known specialist, Mr. F. Cecil Russell, may take heart from the author's experience in the treatment of many thousands of cases. We will quote his figures. He says: "Out of this large number" (13,599 cases) "I find that in 9,153 cases neither parent was stout; in 2,034 the mother was stout; in 1,220 the father was stout; and in only 1,192 cases both parents were stout." This very conclusively proves that the bogey of "hereditary tendency" or "constitutional predisposition" is not so fearsome as many unfortunately believe. And even if it were, the famous "Russell" treatment for the permanent cure of corpulency is sufficiently potent to effectually destroy the tendency to put on flesh, as it has done in every case where it has been carefully followed. The "Russell" treatment is in direct conflict with old-time processes of fat reduction, which too frequently ruined the constitution by semi-starvation, drugging, and other enormities. Mr. Russell conceived the idea that the reducing process should be at the same time a strengthening one, so that at the finish the subject should be not only reduced to normal weight and graceful proportions, but should be greatly improved in health and strength. That is the whole secret of the colossal success of the "Russell" treatment, which improves the appetite, tones up the digestive organs, and makes it an essential condition of the régime that the subject shall eat plentifully of the most wholesome foods—foods to enrich the blood and form muscle, nerve, and brain tissue. There are no irksome restrictions. The treatment is in every respect simple, pleasant, and easy, causing no stomachic or intestinal disturbance, nor any discomfort of any sort. The principal agent employed is a pleasant and harmless liquid of purely herbal constituents, the recipe of which is given in "Corpulency and the Cure." Decrease of weight sets in from the very first, and within four-and-twenty hours of beginning the treatment the weighing machine will prove a primary reduction of half a pound to two pounds. This is supplemented by a steady daily decrease until the permanent attainment of symmetrical proportions and correct weight for height, together with completely restored health and vigour.

Our advice to our stout readers is, dismiss from the mind all fear of a chronic tendency, hereditary or otherwise. Obesity in its severest aspects can be cured by the "Russell" treatment when all other methods of fat-reduction have proved either useless or merely temporary. Our next advice is, read that wonderful book, "Corpulency and the Cure." In its 256 closely printed pages it embraces everything that a stout person desirous of permanent relief may wish to know. Anyone may obtain a copy of "Corpulency and the Cure" by sending three penny stamps (for private postage) to the author, Mr. F. Cecil Russell, Woburn House, Store-street, Bedford-square, London, W.C. There is no work on the subject which deserves more attentive reading.

No. 7320 No. 7321 No. 7322



**THREE VERY ATTRACTIVE TAILOR COSTUMES.**

*For Descriptions see Pages 32 to 36.*

*Price of Paper Patterns, Skirts, Foundation Skirts, or Coats, each 6½d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane. E.C.*

No. 7823 No. 7824 No. 7825

No. 7826 No. 7827 No. 7828

## CHARMING BLOUSES FOR THE NEW YEAR.

*For Descriptions see Pages 32 to 36.*

*Price of Paper Patterns, each 6½d., post free, of* MADAME MYRA, 10 *and* 11 *Fetter Lane, E.C.*

*Full-size Transfers for the Embroidery of Nos. 7325 and 7327 can be obtained. Prices: No. 7325, 6½d., post free: No. 7327, 7½d., post free. If the paper pattern is also ordered, the halfpenny postage of transfers is not charged.*

# Personal Appearance.

## HOW TO MAKE IT MORE ATTRACTIVE.

BY MISTRESS ANNE PAGE.

### GREY HAIR.

IF the hair was properly treated from the first, and every one was able to live in a happy, healthy, simple way, without too much excitement, and without shock of any kind, very few grey hairs would be seen, and a youthful appearance would be maintained by us all indefinitely.

Alas! It is too often not until the mischief has been done, our hair faded, and streaks of grey showing, that we begin to learn that the scalp wants cleansing as regularly as the face, and that we find out that women who have been celebrated for the beauty of their magnificent hair had the skin of the head regularly rubbed once a day with a little bit of flannel saturated with a lotion made with an ounce of borax and half an ounce of camphor dissolved in a quart of boiling soft water, and the hair itself brushed, with a scrupulously clean hair-brush, from root-end to tip night and morning for at least ten minutes, and a suitable tonic applied to the scalp and massaged in at definite intervals.

Worry, sorrow, and shock all tend to take the colour out of the hair, too, and beside many historic cases that could be quoted, the writer knows a clergyman who, on hearing of the sudden death of his brother by an accident, at once became grey-headed, and also lost the colour of one of his eyebrows entirely, this bcoming so white as to look as if it had been chaled or limed.

And the sad thing is that in these days (especially by employers both here and in the United States of America) grey hair is supposed to indicate advancing age, and loss of power. A woman, as well as a man, is said to be "too old at 40," and if either looks that age by reason of grey hair, it is assumed that the age-limit is reached, whether the owner of that hair is actually forty or really several years younger.

The consequence of this is that hair-dyes have to be used from the moment the first slight streak is seen by its unfortunate possessor, and this has led to an immense trade, and to the enormous advertising of many unsatisfactory, and sometimes harmful preparations.

The dye chosen must be one than can successfully be applied by one-self at home, and a thoroughly well-tested one, that is confidently recommended as reliable, effective, harmless, and cleanly, is "Jappo," which is sold for the moderate price of 2s, 2d. per bottle, post free, in plain wrapper, and supplied only by the manufacturers of it, the Teinture Syndicate, 285, Regent Street, London, W.

"Jappo," being in one liquid, is easy to apply, and its good and beautifying effects are instantaneous; it is entirely free from any ingredient that could possibly have an injurious effect on the hair, or in the least affect its healthy growth. It will dye to either of twelve distinct natural shades, and therefore with the order a small piece of the hair that retains its original colour should be sent to the syndicate, and when it has been applied, "Jappo" always leaves the hair with a lovely gloss that is not greasiness, and this lustre is maintained by the daily brushing; it is in fact the ideal hair-dye that is required, and that reaches the standard of modern science.

Those who find their hair beginning to fade should at once take measures to improve their general health, eat more sustaining food, and spend as much time in the fresh air as possible.

No. 7329.—GIRL'S "GIBSON" COAT.

*For Description see Pages 32 to 36.*

*Price of Paper Pattern, 1s. 0½d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7330.—GIRL'S USEFUL SCHOOL SUIT.

*For Description see Pages 32 to 36.*

*Price of Paper Patterns, Skirt, or Coat, each 6½d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

## "HEARTH AND HOME" GREAT CHRISTMAS COMPETITION.

That popular annual event, the Christmas Competition of "Hearth and Home," this year promises to surpass all previous records in point of interest and popularity to women. You are asked to state your opinion of "What will happen when women have the vote?" and numerous valuable prizes (over 150) will be awarded to those who successfully solve the problem set before them. There is no entrance fee—another attraction—all you have got to do is to buy a copy of the Christmas number of "Hearth and Home" and read the conditions printed therein and have a try for the prize. By the way, the Christmas number is one of the very best shillingworths to be had in London.

## THE SUCCESSFUL WEARING OF A MODERN HAT.

The hats in the shop-windows are more alluring than ever this season, and when we enter the establishment of our choice to make a selection, they all look so charming on the head of the courteous assistant who says "Let me show you how it looks," that it is difficult to choose; yet when one dresses oneself at home in one of those hats it does not look so smart as it did in the shop, though we know it is the very one we bought, for we brought it away with us. Nothing has happened to it; the mystery lies in the fact that the showroom young ladies have had their hair very carefully dressed, so that any head-gear, from the simplest to the most expensive from Paris, looks well when they don it. It is not so difficult to dress hair properly on all occasions, as many people think, but it is necessary to take a lesson from a first-class Parisian hair-dresser, such as M. Tarlita, of 77, New Bond Street, W., who, being a very artistic coiffeur, will at once see the style that will enhance whatever beauty of face one may possess, and certainly every woman who values her personal appearance should take this practical personal lesson. Tarlita arranges a coiffure very quickly, explaining every step as he goes along, but it is perfect when it is done, and on such a coiffure depends the successful wearing of a hat to-day. ANNE PAGE.

"Wishing your splendid journal every success."—C A

No. 7331 No. 7332 No. 7333

No. 7334 No. 7335 No. 7336

WINTER COATS FOR CHILDREN.

*For Descriptions see Pages 32 to 36.*

*Price of Paper Patterns, each 6½d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

Nos. 7337 & 7338 No. 7339 No. 7340

No. 7341 No. 7342

## USEFUL SUGGESTIONS FOR WINTER OUTFITTING.

*For Descriptions see Pages 32 to 36.*

*Price of Paper Patterns, Dressing Gown,* 1s. 0½d.; *the other Models, each* 6½d., *post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7343 No. 7344 No. 7345

THREE LOVELY TEA GOWNS.

*For Descriptions see Pages 32 to 36.*

*Price of Paper Patterns, Empire and Princess Dresses, each* 1*s.* 6½*d.*; *Skirt, Foundation Skirts, and Blouse, each* 6½*d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7346 No. 7347

No. 7348 No. 7349 No. 7350

SOME OF THE WINTER HATS

*For Descriptions see Pages 31 to 36.*

# VELVET INLAID APPLIQUE.

BY MRS. HAMER-JACKSON.

AMONGST the recent revivals in the world of embroidery and hand-work, one of the most fascinating is certainly velvet inlaid appliqué. This form of decoration, which presents such a rich and soft appearance, is much less complicated than overlaid appliqué, it is much cheaper, and the result far more pleasing to the eye. Starting straight off with the description of the work shown on the charming blouse illustrated on the cover, the details of making which are given on Page 26, I will explain how to do the appliqué work, the simplicity of which is its principal charm. No intricate cutting or difficult embroidery is required, simply a piece of Louis velveteen laid under the cloth, cashmere, or Viyella, which is to be adorned with the work.

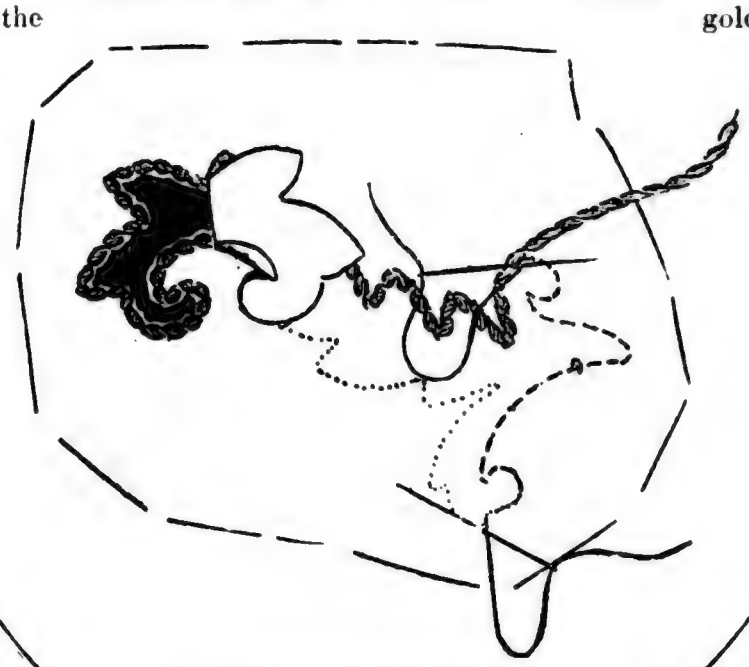
The lovely art shades to be found in Louis velveteens lend themselves to exquisite colour combinations.

The design to be embroidered is traced in the usual way through the medium of the transfer, which can be had from MYRA'S office at such a moderate price that it is not worth trying to do the design with a pencil direct on the material, running the risk, as is too often the case, of spoiling the effect by unnecessary lines.

The tracing must, of course, be done before basting the material on the velvet, as the heat of the iron would crush the pile of velvet under the material. Great care must be taken that the piece of velvet is big enough to be covered by the design. The next thing to do is to get some fine cord, such as, for instance, the Peri Lusta stout embroidery cotton, which presents exactly the thickness of the substance required, and is soft and pliable to turn round the corners. Before using the cord, however, the outline of the design is gone over with fine running stitches in white cotton, taken right through to the velvet.

When this is done the embroidery thread or cord is couched down on the top of the white stitches, taking also the two materials in the same stitch. This must be done carefully, as otherwise the velvet would be raised and fray when the top material is cut. After all the design has been followed in this way, take a pair of sharp pointed scissors, and inserting the point in a corner of the tracing, just under the couched thread, cut out all round the top material, carefully avoiding to snip the velvet, which will then reveal itself between the outlines. This work is not only easy of execution, but is capable of very great breadth of treatment and artistic charm.

Of course, one of the most important items of success is the pretty blending of colour, and here the artistic instinct of the worker has full play. The original blouse, a chic French model from the Rue de la Paix, was in a soft Napoleon blue, almost a Dresden shade, of fine cashmere. The velvet was the same colour but of a deeper shade, and was outlined with a fine cord of Peri Lusta blue No. 8 and gold No. 50 twisted together. The effect, chaste and elegant, was a perfect dream of decoration for a winter costume, especially when, as in this costume, the skirt was trimmed in a similar way.



DETAIL OF EMBROIDERY.

EMBROIDERY FOR FRONT.

EMBROIDERY FOR BACKS.

*Full size transfers of the Embroidery (complete front, two backs) can be had from* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C., price* 4½*d., post free.*

The suggestions offered for the elaboration of inlaid velvet appliqué are endless, for whilst the design can either be conventional or the reproduction of some handsome flowers, such as orchid, tiger lilies, etc., the inside can be most artistically embroidered to emulate the veining, petal, and other details. In this case fine Peri Lusta "crewel" size is used for inside embroidery. The addition of real gold thread, discreetly used, is extremely effective, and here I can give you a little wrinkle. If you want your work to have the quaint appearance of old-fashioned hand-embroidery, and you have some difficulty in finding a good firm gold cord mixed with the soft old colours, get a good furniture galon, and rip out some of the cords. You will often in this way find very nice threads shot with a little gold, which you can use with great advantage for outlining the velvet appliqué. This will save you days of searching in the fancy-work shops for an ideal something which you will never find, although you have seen it in some old piece of treasured work. Upholsterers have a remarkable range of soft colours, for all their silks are dyed abroad; therefore my little suggestion will be found of great value, as you can get not only charming cords, but most attractive silks or linen threads, which can be incorporated into the needlework.

Another scheme worthy of mention is the use of Peri Lusta pretty flat chenille for the outline, sewn down with threads of Peri Lusta filo. This makes the work very simple and easy, and is probably the one which will be adopted by all those of my readers who like to have a very effective result with as little trouble as possible.

**"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M., Carmarthen.**

## A MOST SUCCESSFUL RENOVATION.

On this page is illustrated a very smart indoor gown, evolved out of a straight house skirt and a house blouse of face cloth.

The skirt, full at the back, had the straight front, no longer possible in these days of flowing folds at the feet. The blouse, very prettily pleated, finished with a box-pleat in front, had the ordinary blouse sleeve—a puff and a deep cuff. The gown was very pretty, but not "dressy." It was in excellent condition, however, having been put aside for mourning. The excellence and pretty colour of the material made the owner loath to part with her dress for a "mere song."

The renovation was particularly successful in that the owner possessed over a yard of the cloth—just enough to make a new front breadth, which, owing to the width of the cloth, would be cut very wide at the feet. Had she not possessed the cloth, she would have had to put a silk breadth in front, and that would have necessitated a similar panel inserted in the blouse. This would have been very successful, but would have looked more like a renovation. The lining was, first of all, removed.

The straight tablier breadth—very fairly wide all the way up—was slit up the centre. Its edges were turned in to form a big hem in one with the stitched hem running round the sides and backs of the skirt. The new tablier was inserted, the hemmed edges of the old skirt stitched down upon it. The opening, originally in the full back, was made in the left tablier seam. The new tablier was hemmed invisibly from the back.

Of course the material was well ironed out by means of a hot iron and a damp cloth, so that all gathering marks were obliterated. Then some of the fulness of the skirt was drawn to the front to give more flow at the sides. This necessitated the taking in of all side and back seams, from the waist-line downwards, all possible fulness being left near the feet. The back seams needed a large piece removed to gain the desired "eel" effect. The result was a lovely up-to-date skirt, for which a separate five-gore foundation skirt of moirette was made.

As to the blouse, the pretty pleats were fastened off with braid buttons. The front box-pleat was cut away, and the fronts were cut well open at the neck to receive a plastron (with band collar) of lace and bands of cloth. A braided band of cloth edged the neck, below it being a sort of draped tie made of the velvet purchased for the new draped belt (supported on strong, moire-cased Featherbone). A band of the embroidered cloth, well stiffened and lined, was put round the armhole to simulate the "kimona" effect. As to the sleeve, it was pushed up on a shorter lining to make a nice elbow puff, and it was finished with a smart little added sleeve made of lace and cloth bands to match the vest.

This very pretty gown could be evolved out of several styles of dresses boasting a straight skirt and a full bodice.

No. 7351.—A Most Successful Renovation.

*For Description see this Page.*

*Price of Paper Patterns, Skirt, Foundation Skirt, or Blouse, each* 6½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 7352 No. 7353

7354

**BEAUTIFUL AFTERNOON BLOUSES AND AN AFTERNOON RECEPTION GOWN.**

*For Descriptions see Pages 31 to 36.*

*Price of Paper Patterns, Skirt, Foundation Skirt, or Blouses, each 6½d.; Kimona, 3½d., post free, of* MADAME MYRA, 10 *and* 11, *Fetter Lane E.C.*

No. 7355.—French Hip Coat for Fur, Seal Plush, &c.

*For Description see Pages 32 to 36.*

*Price of Paper Patterns, Skirt, or Coat, each* 6½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

# Of Interest to Women

## I.—THE YEAR'S OUTLOOK.

WOMEN of thought and intelligence are gazing into the future, wondering what great change the next twelvemonth holds for them, not only as individuals, but as a sex. Will the painful subjection of half the human race to the other half show signs of ending? Will women's shackles, forged by convention and masculine predominance, yield to one sharp stroke of the sword of political freedom? Men laugh at women's urgent demand for the right to "mark a cross on a voting paper." Put thus it does sound absurd; but when one thinks what lies behind that cross, the absurdity rebounds on those who laugh.

It is their ability to vote which enables men of all ranks to get their grievances remedied. I quite agree that the immorality of politics is past belief. Not a few of the successful candidates at the last general election have cynically avowed that, in their opinion, promises made in the heat of a general election are in no way binding. But this is a dangerous avowal in the case of promises to *men*, as it probably means loss of his seat to the candidate when next he asks for his constituents' support. Women, having no vote, can be safely ignored.

A member retorted very recently, "I am speaking to my constituents, not to women." Females, having no voice, are not constituents; legislation is not made for their benefit, only for their oppression, for the benefit of their taskmasters.

The worst oppression of all is that which says to an adult human being, "This shall you do and nothing else. The majority of women are wanted as wives and mothers. We, men, insist that you hold yourselves in readiness for us to pick and choose from. If you don't like it, you must lump it. Therefore, as congenial, well-paid work is the real joy of life, we shall ensure that it never comes *your* way. If you persist in avoiding (or cannot manage to secure) what *we* consider is your destiny, then try and keep yourself alive on any such odds and ends of dull, ill-paid work which we will not condescend to take up ourselves. You can earn bread and water by it. What more do you want? Bread and water is a most wholesome diet—for a woman—though, of course, we, men, need something more substantial."

This line of argument, naturally, is at the base of our laws on marriage, parenthood and divorce, laws so horribly oppressive and cruel to the female, the helpless female, who is only permitted the one career (its legitimate or illegimate branch) which her oppressors prefer her to take up. When women are granted the vote, when they are enfranchised, when they are "citizens," the whole of this oppression falls to the ground automatically. Laws and regulations specially made for women will vanish from our codes, from our social

bodies, from our trades unions, because the term "person" or "man" will be held to include "woman," and the laws and regulations for the one will be the laws and regulations for the other. What is sauce for the gander will then also be sauce for the goose. In that blest day men will be as incapable of saying to women, "You shall not be a barmaid" as of saying, "You shall not plead at the Bar," or, "You must and shall marry—anyone you can get." In that blest day women's services to the State in the career of wife and mother will earn pay for *herself* and *not* for her husband, as is the case now.

And it is possible that this change may come this year. Come it will in time, of course, as circumstances are too strong to prevent it; but the sooner the better, as many highly-gifted women are wearing themselves out in the struggle. Signs are not wanting that the Conservatives intend to make definite agreements in the matter, when the time comes for them to present themselves for election. They know that the colossal majority of the present Government was got solely by the ardent, able work of clever women, who were promised enfranchisement as a reward. Well, able people are never duped *twice*. Woman's indignation has simply wrecked the intentions and hopes of this Government. Speaking impartially, I do not think it probable that any other Government will care to face similar experiences. No men want the change, of course, as it will turn millions of humble serfs into competitors or partners, in which circumstance the cleverest and most industrious individual will come out top, irrespective of sex. But the change is inevitable, whether men like it or not, and it seems now to be very near.

J. H.

## WOMEN DENTISTS.

A remarkable result has followed the admission of ladies as students to the National Dental Hospital in Great Portland Street, the only dental institution which admits them. Mr. C. W. Glassington, presiding over the annual dinner for past and present students, held at the Trocadero on November 29, pointed out that the women students "had absolutely knocked spots off the men, and had made them feel very small beer." "The lady students," said Mr. Sydney Spokes, the Dean, "had given the men a noble example of earnestness in work, and had furnished to them an intention to work honestly and well." In spite of the small numbers of women students, two of them (Miss Dorothy Burnley and Miss Bostock) had succeeded in carrying off four first prizes out of eleven, and seven second and third places out of twelve. The Rhymer Gold Medal for the most distinguished student had been ultimately awarded to Mr. Louis Hitchcock, but he had only *just* beaten the brilliant Miss Bostock.

This is very encouraging to women workers. Will not mothers of daughters think of this most lucrative and interesting career for their girls? The training is no great expense, and the rewards are handsome for skilled dentists. Dentistry is a splendid occupation for women, as delicacy of touch and great patience are required or success.

No. 7356.—ELEGANT COAT IN SEAL OR SEAL PLUSH.
(Makes up beautifully in Velours du Nord.)

*For Description see pages 32 to 36.*

*Price of Paper Pattern, Coat, 9½d.; Skirt, 6½d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane E.C.*

No. 7857 No. 7858 No. 7859

## BEAUTIFUL DESIGNS FOR EVENING GOWNS TO BE WOR

*For Descriptions*

***Price of Paper Patterns**, Pleated Striped Skirt, 1s. 6½d.; Wrap, 1s. 0½d.; Skirts, Foundation Skirts*

No. 7360 No. 7361 No. 7362

**WORN IN THE NEW YEAR. ELEGANT VELVET EVENING WRAP.**

*tions see pages* 32 *to* 36.

*Skirts, Tunic, Bodices, Lace Dinner Coat, each* 6½*d., post free of* MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

No. 7363.—A GREY CLOTH SKIRT AND CHINCHILLA COAT.

*For Descriptions see Pages 31 to 36.*

*Price of Paper Patterns, Skirt,* 1s. 0½d.; *Coat,* 6½d., *post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

# *DESCRIPTIONS OF THE FREE PATTERNS.*

[NOTE.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description.]

## NEW FOUR-GORE TAILOR SKIRT AND BRAIDED TAILOR PELERINE.

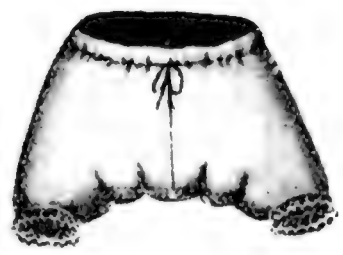
THIS is an excellent design, of elegant cut. It is intended (as illustrated) for a more "dressy" gown, with skirt just touching the ground. But if any lady wants to use the skirt pattern for a *trottoir*, she will find it hangs admirably and looks very graceful, even if shortened. The two patterns, as illustrated, make a smart gown of the new soft cloth, elegantly braided. The pélérine pattern, however, also makes up into a splendid separate wrap of Velours du Nord, decorated with silk braid.

The skirt pattern is in two pieces: one back, one front. The pélérine pattern is in two pieces: half the back, one front. The darts which help to fit the skirt are wheelmarked on the pattern.

The diagram shows the four pattern pieces of skirt and pélérine laid on 4½ yards, 48-52-inch material, which is opened out and is double beneath back of skirt and front of pélérine so that each piece is cut in duplicate. The single material is doubled in half (selvedges meeting), back centre of pélérine laid on the fold so that it is cut in one piece, the skirt front being cut in duplicate.

Tack together backs and fronts of skirt according to the notches, leaving the opening at the back. Try on. Stitch and press the seams. Decorate the lower part of the seams, and part of the lower edge as illustrated, with silk braid. Finish the back opening, when turned over a band of lino, with bands of sarsenet neatly stitched over the lino. Close with Newey's hooks and worked loops. Bind the top and close with hooks and eyes. Put the pocket in this seam.

No. 3.—BLOUSE OF EMBROIDERED CLOTH.



No. 4.—BABY'S FIRST DRAWERS.

Nos. 1 & 2.—NEW FOUR-GORE TAILOR SKIRT AND BRAIDED TAILOR PELERINE.

## OUR FOUR FREE PATTERNS.

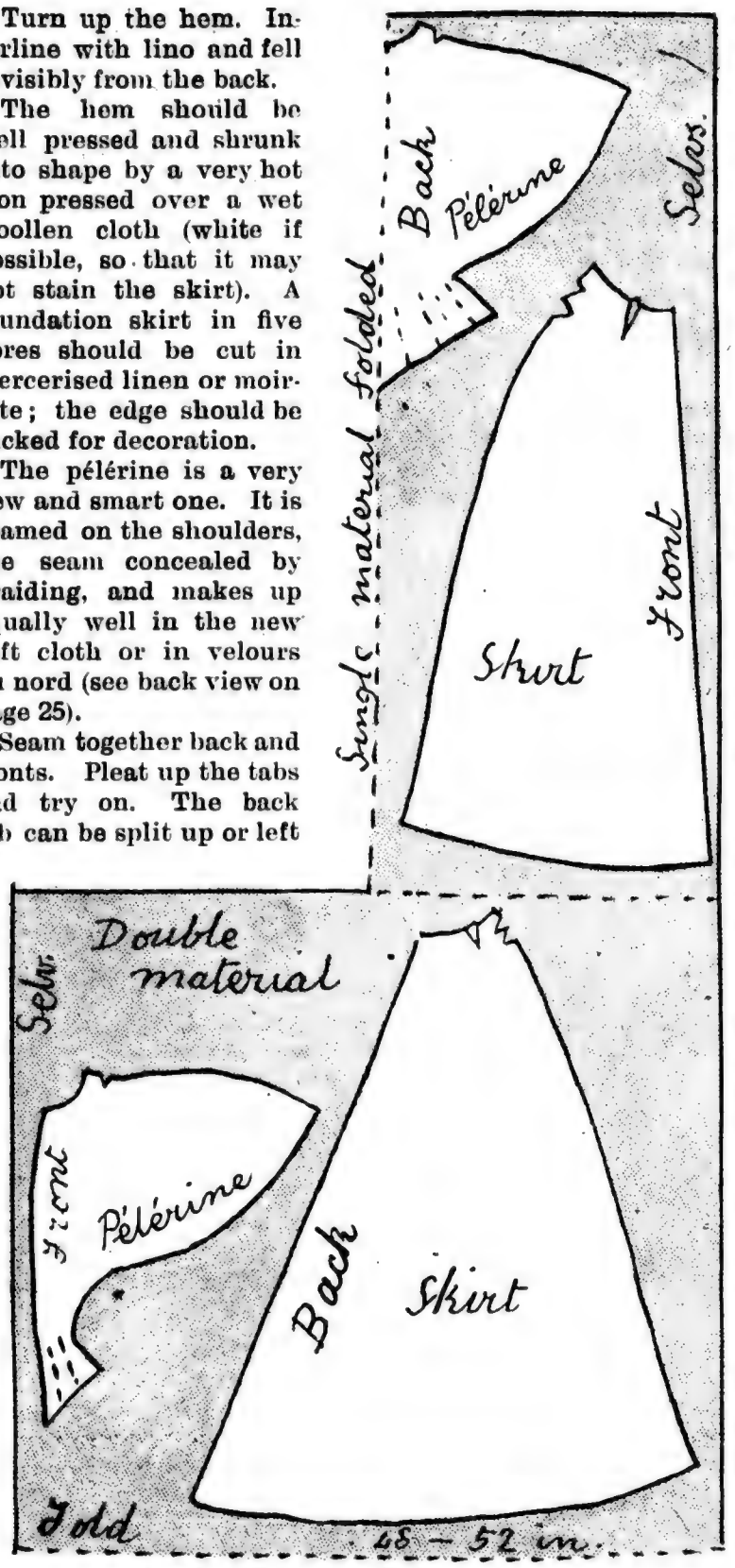
*For Descriptions see Pages 25 and 26.*

Turn up the hem. Interline with lino and fell invisibly from the back.

The hem should be well pressed and shrunk into shape by a very hot iron pressed over a wet woollen cloth (white if possible, so that it may not stain the skirt). A foundation skirt in five gores should be cut in mercerised linen or moirette; the edge should be tucked for decoration.

The pélérine is a very new and smart one. It is seamed on the shoulders, the seam concealed by braiding, and makes up equally well in the new soft cloth or in velours du nord (see back view on page 25).

Seam together back and fronts. Pleat up the tabs and try on. The back tab can be split up or left




DIAGRAMS OF SKIRT AND PELERINE PATTERNS.

all in one. Each half of the back tab forms three pleats, which are deeper at lower edge than at the top. Turn the pleats towards the back centre so as to show the pretty coquillé effects of the pleated material diminishing in length to the outer edges of the tab. The fronts are pleated in the same way, each front arranged in two pleats.

Try on. Sew and press the two seams. Put on the braid. Turn up the edge all round over a band of lino as deep as the braiding, and herringbone down the edge of the cloth. For warmth an interlining of domet can be added, but the domet must cease at the pleats. A silk lining is then cut and seamed. It is tacked in place, and its edges slipstitched over the turned cloth edges. Then re-arrange the pleats, and secure in place. The back looks very well with a draped belt over the pleats at the waistline. The fronts can be secured *over* the belt and be finished with a smart buckle.

For lovely fine cloths (as fine and silky as cashmere) for this costume send to Messrs. Thompson's, 163 to 168, Tottenham Court Road, W.

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### PINAFORE BLOUSE OF PIERCED CLOTH.

For the new inlet velvet embroidery to decorate this lovely model see page 17. Our blouse should match a long eel-skin skirt of the same cloth (this skirt was given as a free pattern with the December number), and is worn over one of the new glacé slips — tight fitting, supplied with lace yoke (with band collar) and long fitted lace sleeve. The gown looks lovely in white cloth, the inlet velvet on the blouse being leaf-green or a soft mauve in shade, the draped belt (supported on cased Featherbone) being of the same velvet. For details about this valuable Featherbone send to Weeks and Co., Department M.J. 5, Wells Street, Oxford Street, W.

The pattern is in two pieces: half the front, one back. In front the seamed outline of the sleeve shows, the rest of the sleeve forming two distinct coquillé pleats. The seamed outline of the sleeve does not show at the back, this line being replaced by a deeper pleat in the sleeve, over which fall two coquillé pleats. These pleats are shown in the diagram by dotted lines. The diagram shows the two pattern pieces laid on 1¼ yards, 42 to 48-inch cloth, which is folded in half (selvedges meeting), the front centre laid along the fold.

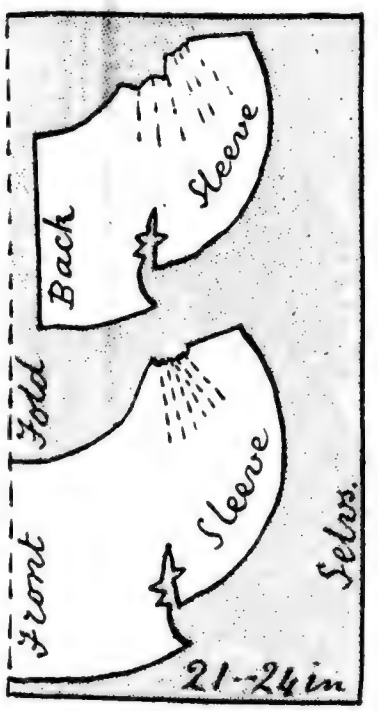


DIAGRAM OF BLOUSE PATTERN.

The blouse is a very graceful one, join sufficiently on the shoulder to support the embroidery, the rest of the sleeve forming lovely coquillé pleats. In cloth these pleats can be raw edge; but ravelling material must have the edge turned in, and, like embroidered part, lined with thin silk.

Tack the tiny shoulder seam and underarm seam. Try on. Stitch the shoulder seam and do the embroidery. The backs fit fairly at the waist, the fronts being drawn in by one or two pleats on each side. Use very fine thin cloth for this blouse.

The neck should be supported with a shaped band of lino beneath the silk lining over the back of the inlet velvet. The back closes with Newey's Imperial Spring hooks and worked silk loops. A flounce of lace under the coquillé pleats is a great improvement.

This over-blouse looks lovely in velveteen, embroidered with crewel silks of a pale shade.

Transfers for the inlet velvet embroidery can be had for 4½d., post free.

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### BABY'S FIRST DRAWERS.

This is a very good pattern, easily made. They are for a child of ten or twelve months, and are slipped over the necessary towel when the child is smartened for its appearance in the drawing-room.

As they are for show only, the drawers should be made of nainsook, the leg openings decorated with Valenciennes. A simple edging suffices, or the edging can be headed with a band of insertion run with baby ribbon.

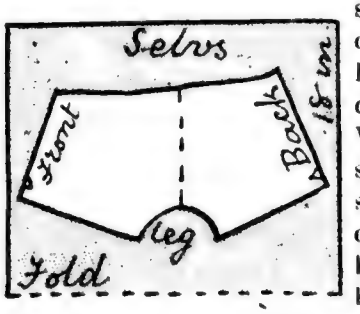


DIAGRAM OF DRAWERS PATTERN.

The shape is very simple. The pattern is in one piece — half the drawers. The diagram shows the pattern laid on ¾ yard of 36-inch nainsook, which is doubled in half, the width of the material taking the length of the drawers. The garment is seamed back and front—a neat run-and-fell seam. The top is hemmed, and is provided with a runner of fine tape. The drawers are quite easily slipped on; but if preferred, the fronts can be hemmed, and supplied with a few buttons and buttonholes.

The circular opening for the leg is hemmed, and is decorated with lace.

---

## MYRA'S PAPER PATTERNS.

Madame Myra, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or short coat). Pleated or tucked styles cost according to complications; of a Princess or Empire gown the pattern would cost from 2s. 6½d., post free.

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If you are not familiar with these write for Samples.

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| Gentlemen's ... ... ... ... | 3s. 6d. |
| Hemstitched. | |
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COLLARS.—Gentlemen's 4-fold, from 4s. 11d. per doz.
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MATCHLESS SHIRTS, with 4-fold Fronts and Cuffs; and Bodies of fine Longcloth, 35s. 6d. per half-doz. (to measure 2s. extra). OLD SHIRTS made good as new, with good materials in neckbands, cuffs and fronts, for 14s. the half doz.

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Fish Napkins, 2s. 11d. per doz. Dinner Napkins, 5s. 6d. per doz. Table Cloths, 2 yds. sq., 2s. 11d.; 2½ yds. by 3 yds., 5s. 11d. each. Kitchen Table Cloths, 11½d. each. Strong Huckaback Towels, 4s. 11d. per doz. Frilled Linen Pillow Cases, from 1s. 4½d. each. Surplice Linen, 10½d. per yd. Monograms, Initials, &c., woven and embroidered.

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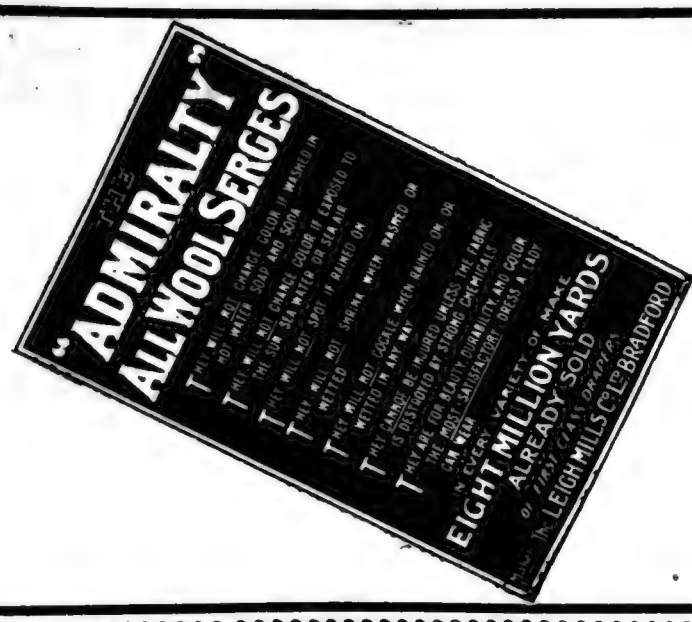

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# WASHING, WRINGING, AND MANGLING MACHINES.
*"Simplest and Best."*

These celebrated Machines save time, money and labour.
Do not injure the linen. Will wash all kinds of articles.
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LIBERAL CASH TERMS.

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140 to 142, High Holborn, LONDON. Victoria Avenue, MANCHESTER.
130, Bold Street, LIVERPOOL. Crescent Iron Works, SALFORD.

# A Blouse "Set" in Irish Crochet.

The most enticing "set" for a blouse—yoke, collar and cuff in Irish crochet—here illustrated was worked for a recent prize competition held under the auspices of the proprietors of the beautiful Peri Lusta Threads. It is needless to say that the set gained a valuable prize, yet all the prize winner required—except her ingenuity and good taste—was a crochet hook, some padding thread for the raised work, and some Peri Lusta Crochet Yarn. The original set was in a delicate pink colour. Most people, however, prefer Irish crochet in white or pale cream; but Peri-Lusta Crochet Yarns can be had in several shades, to satisfy the demand for the new style of having crochet or yak lace dyed to match the gown it trims.

A Beautiful "Set" in Irish Crochet.
A Prize Winner in a recent "Peri-Lusta" Needlework Competition.

Peri Lusta Crochet yarns wash beautifully, as they retain the silky lustre for which they are famous; and this quality—retaining silkiness and shade after washing—is not peculiar to crochet yarns—it is found throughout the Peri Lusta Embroidery and other threads for fancy work. Ladies who wish to see the full range of colours and types of the Peri Lusta Threads (there are 250 shades, and of these 137 are *Boiling* Dye Shades) should write for the new shade card which will be sent post free for seven penny stamps by "Peri Lusta," St. Paul's Chambers, Ludgate Hill, E.C.

Another of the famous "Peri Lusta" Prize Competitions is just winding up. The prizes, which amount to £100, will very soon be awarded. The work of the Prize Winners will be exhibited for a week (commencing Feb. 8. 1908) at Messrs. William Owen's, Westbourne Grove, Bayswater.

By the by, it is as well to explain that the 'Boiling Dye' shades mean those colours which have been tested to stand *boiling* in soap and water. This quality is splendid for thread used in embroidering children's linen overalls, also for such things as brush-and-comb bags—which get very greasy.

## DESIGNS FOR FANCY DRESSES.

This is the time when fancy dress is preferred to the ordinary everyday styles of evening costume for males and females, old and young. It is everybody's ambition to appear in a dress which represents the old style with just that touch of modernism which prevents it appearing ridiculous and most unbecoming to modern tastes. Fancy dresses for ladies and children will be found in great variety, illustrated and described in "Designs for Fancy Dresses," by Mrs. C. S. Peel. The price is 2s. 2d., post free. The book is published by Beeton and Co., 10 and 11, Fetter Lane, E.C.

## AN ATTRACTIVE CHRISTMAS NUMBER.

The Christmas Number of "Hearth and Home" offers many attractions. With a handsome cover, printed in colours, the much-enlarged Number contains two beautiful supplements in the form of two photogravures of famous paintings—"The Horse Fair," by Rosa Bonheur, and "The Duchess of Devonshire and Child," by Sir Joshua Reynolds. Not the least of the attractions is a prize competition, in which many very valuable prizes are offered. Mrs. Talbot Coke contributes a special article, and Mrs. C. S. Peel provides a capital article on Christmas Fare and House Parties. Interesting complete stories are by such well-known writers as William le Queux, Evelyn Everett Green, &c., and a very up-to-date article, "The Duel of Sex," is by Dr. Emil Reich. The price of the Number is 1s., and it can be ordered through any bookstall or newsagent.

*Painting by Sir Joshua Reynolds.*

The Duchess of Devonshire and Child.
A beautiful photogravure of this picture is presented with the Christmas Number of "Hearth and Home."

"Myra's Journal is increasingly useful and interesting."—J. T.

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Marquisettes for pretty evening dresses from **1/11¾** yd.

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Japanese Silk Flouncings, for children's dresses, &c., 27 in., 30 in., 33 in., 36 in. wide, **1/11¾** to **4/11½** yd.

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A profuse variety of Fancy Silks, in new and effective designs, from **1/3¾** to **4/11½** yd.

Natural Japanese Washing Silks—

24 in. from **1/0¾** yd.
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Please mention MYRA'S JOURNAL when writing.

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Long flowing Eyelashes, Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE. It is invaluable for the production of Whiskers, Beard, and Moustachios; it causes the Hair to grow on Bald Places and Scanty Partings. Of all Chemists, or a box (with directions) sent, free from observation, on receipt of postal order for 1/3, 2/2, and 2/9.

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*Real* **10/6** *Whalebone.*

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*Over 30-inch waist, 4d. per inch extra.*

**We fit any figure.**

Should the Corsets not fit, we exchange, and make a pair with **any** alterations required 1/6 extra. Sent post free upon receipt of waist size and P.O. Colonial Orders, 1/6 extra.

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**THE LOOMS, NOTTINGHAM.**

# EMPLOYMENT BUREAU.

## FREE REGISTER.

SPECIAL NOTICE.—The printed notice in the Free Register *must* be cut out and sent for re-insertion each month. Miss Winifred Jones will in future only recommend those workers who keep their notices up-to-date. No worker whose notice has not been sent up two months previously will be recommended. This regulation is now an absolute necessity owing to the great increase in the number of correspondents, and to the fact that there are now over 500 names on the Register.

Letters requiring a reply by post must contain 12 halfpenny or six penny stamps and a stamped envelope. No reply will be sent to any letter not complying with these conditions. Letters to be forwarded must bear the Register number on the left-hand top corner, and be fully stamped. Otherwise they will not be sent on.

Communications, to be attended to in the next number, must reach the office not later than the 25th of the month.

---

No. 528.—All kinds of fancy work. Ladies materials worked up cheaply. Bazaar and bride's parcels a speciality. Lovely stock collars.

No. 539.—Stylish Honiton point lace collars, 2s. each, three for 5s. Ditto dainty little handkerchiefs, 3s. 6d. each, three for 9s. 6d.

No. 553.—Table centres. Suitable Christmas presents. Cream canvas worked with yellow, or sky, or pink, or eau-de-nil. Ribbon run through matching. Price 2s. 9d., post free.

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 542.—Dressmaker at ladies' houses, or ladies' materials. Good style and fit. Terms moderate.

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References.

No. 372.—Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boys' suits. Will cut down, turn, and renovate. Recommended.

No. 541.—Dressmaker. Day and evening gowns. Children's things. Reliable, experienced. (Fulham.)

556.—Dressmaking at ladies' houses; 3s. a day and fares. 9.30 to 7. Excellent references. (Paddington.)

557.—Dressmaking, upholstering, 2s. 6d. a day and fares. Ladies' materials. (Fulham.)

558.—Experienced dressmaker. Upholstering. References. 3s. a day and fare 6d. (Thornton Heath.)

559.—Ladies' and children's dressmakers. Upholstering. Real lace cleaned and mended.

560.—Dressmaker. At home or out. Recommended.

561.—Daily dressmaking. Speciality, blouses and renovations. Would go to the country.

562.—Ladies' blouses. Children's dresses and coats. Underclothing. Renovations.

563.—Lady market-gardener wants cottage and suitable plot of land in convenient locality for quick transit to good market.

464.—Knitted and crochet articles in great variety. Fashionable motor scarves, coats, purses, gloves. Dolls. Smocked frocks. Dainty underwear.

565.—Dressmaking. Upholstering. (Romford.)

566.—Costumes. Dresses. Blouses. Children's clothes. Style and fit guaranteed. Terms moderate. (Kentish Town.)

567.—Dressmaking. Experienced. Daily or at home. Tailor-made coats and skirts. Evening costumes.

568.—First-class diplômée gives lessons in dress-cutting, dressmaking, and drafting. Tailor and cutter system. (St. John's Wood.)

569.—Ladies' materials made up. (Bristol.)

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571.—Ladies' own materials. (Paddington.)

## ANSWERS TO CORRESPONDENTS.

NOTICE.—I must once again ask my numerous correspondents to read the rules. Notices for re-insertion in the Register must be cut out of the printed Register and sent to me. Copies in ink will not do. Anyone whose notice has not been re-inserted has failed to comply with this rule; hence the omission. Letters requiring a private reply must enclose six pennyworth of stamps *and* a stamped envelope. Delays are constantly occurring because correspondents do not read and obey these simple regulations.

Travelling Case (Bee).—I am doing as you ask, but, though I do not want to discourage you, I cannot honestly say that I think there is much demand for any work of this kind. Trade or friendly orders are the only ones as a rule. I think if you could manage golf jerseys, motor scarfs, &c., you might be more successful. You must remember that people buy, as a rule, what they really *want*, and I am sure your capable fingers could accomplish something of more practical value than what you suggest. Think it over, for I should greatly like to help you.

Points of Etiquette (B.R., Austria).—Your queries hardly come within my province, but I will answer them to the best of my ability, and, according to our English ideas, yours may vary considerably; but I imagine it is the English point of view that you ask for. In reply to your first question: no, you should wait till your hostess gives the signal to retire. To your second you should address any invitation to the individuals from whom you receive it.

Two Letters (E. S.).—I am glad to hear you did so many pretty things for my correspondent, and that you gave such satisfaction. May I remind you that you have not sent in your notice for a long time, nor the "Employments" coupon, and unless you do so I cannot continue recommending ing you, as this Bureau was established, naturally, for the benefit of Myra's subscribers. I am sure it is only an oversight on your part, but I think it better to remind you of this

Dressmaker (E. F., Woking.—I am putting you on my Register, and I hope you will send your notice in regularly. If you really want customers you should not fail to do so, as it is the only way. Ladies naturally do not refer to back numbers for information, and when I have not heard from a worker for months I am never sure if it is worth while giving her name, as she may have left, or be unable to work.

Renovations (A. P.).—I sent on your letter at once to the lady who wanted an upholstress, but I fear you are too far away. She asked for someone in London to make at her house. At the same time, that is a very useful trade to learn. I am putting your notice in.

Upholstress Wanted (Mrs. C.).—I have forwarded several letters, and hope one of the applicants suited.

Dresscutting and Drafting (K. K.).—You are indeed a most successful teacher, and seem thoroughly qualified in every way to undertake this work. I am pleased to put you on my Register, and also to hear that "I find your journal very useful for my classes, and many patterns are picked by the students from the book." I have added to your Register notice a little; you are too modest.

Upholstress (Mrs. W.).—I sent on your letter to 537, and am also registering your name and address.

Dressmakers (Alma, Surbiton).—No names are ever published in my Register. Your terms seem most reasonable, but I advise you to stick to dressmaking only. It is better and more profitable than fancy work, and the finer work you do the better pay you get. Indeed, I earnestly believe in specialisation, and think one sister had better devote herself to skirts, and the other to bodices and blouses. A very successful business I knew was arranged thus.

Dressmaker Recommended (Mrs. W. Marden).—Many thanks for so kindly letting me know that the dressmaker whom you chose employed from the various names I gave you proved so satisfactory. It is a great help to me when correspondents kindly write thus. I hope you will find the dressmaker at Tonbridge equally satisfactory. I am sure the latter will do her best to please.

Underclothing, Children's Frocks, &c. (M. L. R.).—I will indeed do what I can to help you. Deafness is a terrible affliction, I can quite understand how impossible it is for you to continue teaching. It is nice to hear that "from various magazines bought for comparison, I have chosen Myra's Journal to be taken regularly." You might show it to your customers, as the more widely we are known the more useful we become, naturally. Be sure and keep your notice in regularly if you want it to be of practical value.

Upholstress, Dressmaker (Madame V.).—Certainly, I will put you on my Register. I expect my correspondent is satisfied by now, as I have sent her on a good many letters, but I am glad to have your address, as no doubt I shall have other inquires later.

District Nursing (Alma F.).—I should think, from what you say, that you would be a very suitable person for a district nurse. You stipulate that it must be in town. There are various societies in connection with this work. The Queen Victoria Jubilee Nursing Institute, 120-122, Victoria Street, S.W., is affiliated with a large number of district homes all over the kingdom. Candidates must have had at least two years' training in a general hospital, succeeded by six months' probation in a district nursing home. The salary is from £25 with uniform, board, and lodging. Then there is the East London Nursing Society, the central office of which is at 43, Rutland Street, New Road, Commercial Road East. Salaries are about £60, but the nurse has to keep herself. There is also the Nursing Branch of the London Biblewomen and Nurse's Mission to supply trained nurses, resident on the spot, to nurse the sick poor of London. They have a minimum training of two years in a general hospital, to which is added a monthly nursing certificate, and some experience in district work. Central office: 2, Adelphi Terrace, Strand, W.C. I hope this will give you the information you want.

Aid for a Foreign Governess (Mrs. F. C.).—It is indeed a very sad case. If you apply to the Association of German Governesses in England, 16. Wyndham Place, Bryanston Square, W., you would probably be able to get the aid you require for the poor lady. This Society gives relief to sick and poor members, and has a convalescent home and sanatorium, &c.

Press and Fashion Drawing (Mrs. M.).—From what you say, there is no doubt your daughter has great talent, and great talent will always find a market, but the competition is very keen, and if she finds it difficult to to get on she must not think it is lack of skill. I think you are wise to advise her to have some further lessons. These she could get very well at the Royal Female School of Art, 43, Queen Square, Bloomsbury, where there are classes both for press and fashion drawing. There are various free studentships, exhibitions, scholarships, &c. You can get all information from the Superintendent who would, no doubt, tell you if you can join at any time! The two terms begin on October 1 and March 1. The trip to Paris you mention would doubtless be a great advantage. If you could arrange for her to stay for six months, she would be quite safe and happy at the Girls' Friendly Society Lodge, at 50, Avenue de Jena.

Home for a Girl in London (Eva L.).—There is the St. George's Hostel for Ladies, 58, St. George's Road, S.W., separate rooms, 21s. to 25s.; Brabazon House, Moreton Street, Westminster, S.W.; 70, St. George's Road, from 21s. 6d. to 30s. weekly. I think one of these would suit. Write to the Lady Superintendent in each case. If not, write again, and I will give you other addresses.

Gardening on a Small Scale (M. N.).—I hope to have an article on this subject shortly, so will you look out for it? Meanwhile, I have sent you likely addresses, and I should be glad to know what you decide to do finally. Land and cottages and living altogether are cheaper in the West of England than anywhere, unless it is in Suffolk. I don't know of anything on similar lines to the club you mention, but I am putting a notice in for you which may produce some result. Perhaps someone of similar tastes might see the notice, and combine with

**I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue, W. G., N**

you. Here is an expert's suggestion on the subject: "If two or more women could combine and form a colony, adding to their business as market and nursery gardeners the keeping of bees, poultry, and cows, the making of good jams, pickles, and sauces, and perhaps the management of a laundry, they might find a successful career open to them. Women who may wish to embark upon such an enterprise, however, should be very careful to find out where there is a good opening. I fancy that such might be discoverable near a seaside town which is on the main line, where there are several schools to be supplied, and where, during the school holidays, hotels and boarding-houses would keep up the average number of customers. It would be most important not to be more than two or three miles out of the town, and to have a good water supply. There are old farmhouses possessing a few acres of land in some parts of Norfolk and Suffolk which might be rented at a reasonable rate. . . . There is no doubt that a woman can make market and nursery gardening pay as well as, and often better, than some men, but she must have capital to start with, and sufficient means to keep her for two or three years, since a garden will only just pay its way for the first three years on account of the many expenses to be met with in the shape of labour, manure, fuel, seeds, trees, &c. . . . It is important that women should realise that, to be successful, steady, hard work is needed, with brains as well as with hands." You will find in "The Fingerpost," published by the Central Bureau for the Employment of Women, 9, Southampton Street, Holborn, W.C., price 1s. 6d., post free, some excellent, practical advice on this subject.

GOOD DRESSMAKER WANTED (M. K. B. P.).—I sent you several addresses, and I should be much obliged if you would kindly let me know whom you gave your work to, and if she satisfied you.

ADDRESSES WANTED (E. P., Teignmouth).—I can give you plenty of addresses of makers if you will comply with the rules, and send six penny stamps and a stamped envelope, and your address. The postmark on your letter is "Teignmouth." That is all!

LETTER TO 519 (Mrs. D., Lechlade).—You enclosed an *unstamped* letter to be forwarded!

UPHOLSTERESS (Mrs. H.).—I have given your name and address to an enquirer, but the lady you ask about has had her work done some time ago. I am putting you on my Register.

DRESSMAKER (Mrs. H., Tonbridge).—I am glad to hear my correspondent has been to you, and that she has given you a "nice order." Another lady also enquired about you, so I hope your customers will increase steadily in number.

DRESSMAKER AT LADIES' HOUSES (Miss P.).—Certainly, I am glad to put you on my Register.

FANCY WORK (Miss G.).—I am glad to hear of your "very nice Christmas order." Read my article in this issue, and I hope you are taking my advice and going in for really fine work. Stock collars, cuffs, ruffles are always worn more or less, and fine handwork will always have a market. Let me know how you get on.

DRESSMAKING, CUTTING, &c. (J. M. D.).—What you say is most satisfactory, and I shall be glad to put you on my Register. You evidently know your work well, especially as you speak of making your own models. You are one of the people who should specialise; an all-round good maker should make one department her own. I am glad to hear that you are taking MYRA'S JOURNAL to school with you, and showing it to your customers, and that "it is much appreciated."

DRESSMAKER (U. S.).—I gave your name to a correspondent—amongst others—so possibly you may have heard from her. Thanks for your good wishes, which I heartily reciprocate. The Dressmaker's Coupon must not be sent to me, but to the Editor direct.

CUTTER AND FITTER'S CERTIFICATE (Clara).—I thoroughly sympathise with your aims, and think you are very wise. As you have a good knowledge of dressmaking, but are very "clever with coats," why not work this branch up? For one woman who can cut and make a smart coat there are a dozen who can turn out a good bodice, and the coat and skirt will never go out. Like the blouse, it is perennially useful—too useful to be dispensed with. There are various well-known systems, such as Guerre. In London the John Williamson Company, Limited, 42, Gerard Street, W., have a Cutting Academy, where dress-cutting is taught by tailors' methods. The Yorkshire Ladies' Council of Education, 90, Albion Street, Leeds, might be of use to you. There is splendid technical training to be had both at Leeds and Sheffield. As "a subscriber for many years," I am glad to do what I can for you. Specialise in the way I suggest, and if you *do* decide to go to the Colonies you will not fail to find work. You might write to the City and Guilds of London Institute, Gresham College, Basinghall Street, E.C., from which you will get full information. I hope this will be of use to you. I am glad to hear that my replies to other correspondents "encouraged" you to write. I am pleased, too, to hear that you think mine "a most useful column, and a help to women who find life so hard." That is just what we want it to be! Let me hear how you get on, and what you do. Your letter interested me.

DRESSMAKER (Miss L.).—I got your notice and cards, and I may say I gave your name to a lady, and I hope she has employed you.

MORE WORK WANTED (L. McD.).—I am putting you on my Register, and no doubt you will obtain more customers in this way. At the same time I must point out to you that to be of any real use it is absolutely essential that you should cut out and send up your notice regularly. I hope you will remember this. The lady you mention has often corresponded with me about workers.

DRESSMAKER (M. L.).—I have nothing to do with the last page of MYRA. Mine is the Employment Bureau only. I will put your name on my Register, however.

(*Continued on Page* 42.)


# "WINCARNIS"

## THE FAMOUS WINE TONIC

### *RECOMMENDED BY OVER 8,000 DOCTORS.*

**THE RISK OF WEAKNESS.**

Doubtless we all experience sensations of mental and physical fatigue at one time or another, and this is Nature's kindly warning that we need invigoration. Consciousness of fatigue, of brain-fag, o exhaustion by no means implies that our stock of energy is played out. It may be that we have plenty of latent energy, but it requires waking up with a little Coleman's "Wincarnis."

Suppose we ignore the feeling of weariness, and thus, disregarding the warning of Nature, proceed with our work by sheer effort of will. What will be the result?

The physical condition might then be compared with that of a person who has lived on his capital, instead of keeping his expenditure within the limits of his income. In other words, the stamina gets less and less daily, and when the icy blasts and chills of winter come, the weakened constitution quickly succumbs.

It is the duty of every man and woman to strengthen his blood during the autumn, to raise the powers of resistance to the maximum, so as to meet the chills of winter unaffected. You can do this effectively by the aid of "WINCARNIS."

**THE SAFETY OF STRENGTH.**

127, The Grove,
Stratford,
Aug. 1, 1907.

Dear Sirs, — Nurse Dymond recommended me to try "Wincarnis" when I was recovering from a very severe illness. I found it all you claim for it as a restorative, and took it regularly for three months. I take it if at all run down, and am very soon restored to my usual health.—Yours very truly, ANNIE CARTER.

**SAMPLE BOTTLE GRATIS.**

**SIGN THE COUPON.**

Send three penny stamps, to pay the cost of carriage, to Coleman & Co., Ltd., Wincarnis Works, Norwich.

NAM .....

ADDRESS .....

MYRA'S JOURNAL, Jan., 1908.

**AFTER FREE TRIAL** "Wincarnis" can be obtained at any wine merchants, or at any chemists or grocers holding wine licences.

**Nurse Barker**
writes:—

14, Royal Crescent,
Bath.

Dear Sirs,—I beg to acknowledge the trial bottle of "Wincarnis" sent me for testing purposes. I found it to be an excellent restorative wine tonic, delicious and sustaining, and have taken it whenever I have had a heavy case, and especially when I felt over tired and "run down." — Yours faithfully, C. L. BARKER Nurse.

**SEND COUPON TO COLEMAN & CO., LTD., WINCARNIS WORKS, NORWICH.**

# Descriptions of Our Illustrations.

### A Dainty Theatre Gown.

**No. 7305,** Page 3. Six-gore skirt of the pretty new silky semi-transparent Marquisette, worn over a satin foundation skirt. Lovely blouse. Cut a fitted satin bodice lining with three-piece front, to close at back. Tack, fit, seam, leaving only side and shoulder seams. Drape with front and two backs of the skirt material and a sort of kimona formed by silver lace held with pleated epaulettes of velvet. Transparent chemisette of lace. Lace band collar. One-piece sleeve, unlined, richly draped. Double-width material, 7 yards; 44-inch satin, 6 yards; 18-inch lace, 3 yards. For lovely transparent materials, send to Thompson's, 163 to 168, Tottenham Court Road, W. The belt is of velvet, supported with Featherbone, and two long ends of silk-lined velvet, fringed with silver, fall in front.

### Smart Tailor Gown with New Coat.

**No. 7306,** Page 7. Five-gore skirt of cloth, fitted above, fluted below the knees. Wear over a five-gore foundation skirt, the edge tucked to flat pattern. Close in left tablier seam. Braid trims the hem, which is lined with fine canvas. Smart coat—one back, two single-breasted fronts, six sides. The new "man" coat, with rounded basques, the fronts faced with the cloth. Edge the coat and revers facings with silk braid in the new style. The side seams are left open for a few inches. The back seams develop into pleats. Front and back seams are lapped. Braid edges the added pocket. Braid trims the turn-over collar and cuffs. Close with metal buttons and buttonholes. Line coat with glacé cut on coat pattern but seamed apart, the edges slip-stitched to coat edges and front facings. The two-piece sleeve, mounted on a similar lining, is arranged into the small cuff. Coat sleeve is rather tight, in the new style. 52-inch cloth, 7 yards.

### Braided Kimona Cape and "Eel" Skin Skirt.

**No. 7307,** Page 7. The pattern of the skirt is in four pieces—one back, two sides, half the front. The breadths are beautifully shaped. Lay the pattern pieces on 4½ yards 52-inch material, which is double beneath sides and back, so that they are cut in duplicate. The material is folded over (selvedges meeting) for the tablier, the front centre of which is laid along the fold. Tack the gores together according to the notches, leaving the opening in the back seam. The right turning of this opening should be stitched down over a band of lino, and closed with a few patent hooks and worked loops over a fly lap seamed to the left opening. The top is arranged into a ribbon fitting the waist. The fit should be very smooth, but not tight enough to wrinkle. Turn up the lower edge over a shaped band of lino, and fell the hem invisibly (the French hem) at the back. Cover the hem with a pleating of silk matching the cloth. Wear over a very neat fitting silk foundation skirt. The charming little Kimona cape is of the cloth, cut in one piece—fronts, back, sleeve. It is smartly braided and has its ends tipped with tassels. Line with domet and satin, the satin edge slipstitched over the turned cloth edges. Collar faced with braided white cloth. 52-inch cloth, 1¼ yards. For suitable fine cloth, send to T. W. Thompson's, 163 to 168, Tottenham Court Road, W.

### A Smart "Gibson" Coat.

**No. 7308,** Page 7. A beautiful version of this popular coat. A Pirle-Finished material should be used, as this long, handsome coat makes a superb rain wrap. The two-piece added basque has two inverted box-pleats at back and two pleats in front, this basque joining full length back centre and front centres in the pleats. The added sides of back and fronts are tucked (tucks wheelmarked). Model is lined to hip, and sleeve is lined. One-piece sleeve with braided cuff. Braided turn-over collar. Model closes with buttons and buttonholes. Collar and cuffs are edged with white silk outlined with black and white braid. 52-inch Pirle-Finished coating, 6 yards.

### Tailor Coat and Skirt.

**No. 7320,** Page 10. A smart version of the popular "man's" coat. Skirt in seven gores, trimmed with one row of braid. The same braid edges the coat, which has lapped seams back and front. Face fronts and reefer collar with the material, edged with braid. Two-piece coat sleeve, the cuff simulated with braid, the sleeve open and closed with buttons and buttonholes. Metal buttons. Line with silk, cut on coat pattern, but seamed apart. Skirt can be lined or worn with a foundation skirt, tucked to flat pattern and mounted with skirt at waist. 52-inch material, 7 yards.

Nos. 7364 & 7365 Nos. 7366 & 7367

Nos. 7368 & 7369 No. 7370 No. 7371

DAINTY DETAILS OF DRESS.

*For Descriptions see Pages 32 to 36.*

*Price of Paper Patterns, Blouse, 6½d.; the other models, each 3½d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

### Braided Tailor Gown with Kimona Coat.

**No. 7321,** Page 10. Seven-gore skirt of cloth, fitted above, fluted below the knees; wear over the five-gore foundation skirt, the edge tucked to flat pattern, foundation and skirt mounted together at the waist and opening. Close in left tablier seams. French hem, felled invisibly from the back, lined with fine canvas. A delicate braiding (silk-plaited braid) decorates hem. Kimona coat is very smart indeed. If made of reversible material, front centre is cut in one piece with half the shaped back. Into these two pieces are fitted the kimona side piece of back (cut with half of the sleeve) and the side piece of the front (cut with half of the sleeve). Seams at back develop into pleats. The basques in front are scalloped or indented at seams. The beautiful braiding (to match skirt) is supported with muslin. Fronts are faced with the cloth. The sleeve is arranged into a braided cuff. Stiffen fronts to waist and close with cord loops and large buttons. There are also tailor hooks and eyes down fronts, the tails inserted between the turned cloth edges and the lining. Line with white broché cut on coat pattern but seamed apart. This can be laid on white domet as an interlining. 48-52-inch material, 7 yards.

### Beautiful Style for Corduroy or Striped Materials.

**No. 7322,** Page 10. Makes up in single width or double width fabrics equally well, if the narrow material is joined invisibly up the selvedges, stripes meeting. Looks well in striped velveteen or the new striped serges. This hip coat is the favourite and smartest type of short coat, with or without waistcoat. The waistcoat fronts of white cloth, braided or embroidered. Collar and cuffs of braided white cloth. There is a one-piece back, four sides, two fronts, two waistcoat fronts. Line coat with white satin. Waistcoat closes edge to edge with tailor hooks and eyes. Decorate coat fronts with tassel brandenburghs. In cutting see that stripes run straight down centre of pattern pieces. Stripes of the five-gore skirt meet in V points at seams. 46 to 52-inch material, 7 yards. For the striped serges send to T. W. Thompson's, 163 to 168, Tottenham Court Road, W.

### Velveteen Kimona Blouse.

**No. 7323,** Page 11. A fitted bodice lining is cut, to close in front. Tack, fit, and seam the lining, decorating it with a vest of lace over satin. Into the armhole of the lining is arranged the double wing sleeve of Lewis's Wonderful Velveteen. Three-piece kimona of the velveteen, fronts pleated on shoulder, beneath the points of Irish crochet which also edge the fronts. Fronts are crossed over the lace vest. Added basque. Beautiful model. Draped velveteen belt. 24-inch velveteen, 5½ yards. For the velveteen send to Lewis's, Market Street, Manchester.

### Lovely Kimona Blouse.

**No. 7324,** Page 11. Four-piece Kimona blouse, to match a skirt, seamed on shoulders, draped in front, and arranged into a fitted basque. Good model for pastel cloth. Line sleeve and edge of fronts and back neck, to support the embroidery. Draped belt of satin to match, supported on bones. Wear over any suitable blouse. 52-inch cloth, 1¼ yards. Can be cut out of skirt waste. Lovely blouse illustrated is of lace. The pattern is in six pieces: one full back, half the full front, half the front yoke, one back yoke, half the band collar, one sleeve. Lay the pieces on 5 yards of 27-inch net, which is double beneath the sleeve, back, and back yoke patterns, so that each is cut in duplicate. The single material is folded over (selvedges meeting), the centres of front and front yoke laid along the fold so that each is cut in one piece. For narrow materials seams must be made up the selvedges

"The Princess Dress Pattern was a splendid fit."—J. I

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FOR ALL CLASSES OF FANCY NEEDLEWORK.

**EQUAL TO SILK AT THE COST OF COTTON.**

"PERI-LUSTA" white Flossette, in 8 sizes. Ex. Stout to Ex. Ex. Fine. 1d. Skeins.

THE "PERI-LUSTA" HAND-BOOK, containing 80 exquisite Illustrations is a valuable guide to all Fancy Workers. Price 7d., post free.

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The Work for which PRIZES have been awarded in our £100 COMPETITION, will be on view at Messrs. WM. OWEN, Ltd., Westbourne Grove, W., from FEBRUARY 8th.

"PERI-LUSTA" STOUT EMBROIDERY, in 250 Art Shades. and 137 Boiling Dye Colours, 1d. Skeins.

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All Ladies interested in Fancy Work should send for THE "PERI-LUSTA" NEW SHADE CARD, showing the Full Range of 250 ART SHADES and 137 BOILING DYE COLORS. Post free, 7d. stamps.

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"PERI-LUSTA" TATTING AND CROCHET THREAD, WHITE, in 8 sizes. Nos. 8, 12, 16, 20, 24, 30, 36, 40. Stout to Ex. Ex. Fine. ½ oz. Balls, 4d. each.



*HEALTH AND PERSONAL ATTENTION.*—See Myra's Answers in "Myra's Journal."

## Extract from POSTAL TOILET LIST.

[New and greatly enlarged edition, with chapters on the care of the hair and complexion, &c., and many new preparations, will be sent by return of post, on receipt of stamped address.] Also illustrated pamphlet on Face Massage and the Care of the Complexion, and Mr. Mason's New Book on the Hair, may be had gratis.

## *PHILIP H. MASON, Pharmaceutical Chemist, 25, BANK PLAIN, NORWICH.*

**IMPORTANT NOTICE.**—All Articles in this List admit of Postal Transit, and will be delivered free per post in Great Britain at the prices marked, secure from observation, and carefully packed on receipt of P.O.

**DEPOTS ABROAD.**—India: The Agra Stores, Ltd., Agra. South Africa: Mr. V. H. Carman, Mill St., Cape Town. New Zealand: Messrs. Walker and Co., Christchurch. From these Agents any of the Toilet Preparations may be obtained.

**SKIN FOOD.**—For restoring wasted tissue and removing wrinkles. Clears the skin and enables it to retain the smooth, velvety texture of youth. Prevents falling away of the tissues of face, neck, and arms, and consequent loss of contour and roundness of feature. The best emollient for Massage movements. Cleanses the skin thoroughly, and removes sunburn, tan and all blemishes. 2s. 9d. and 7s. 6d. Post free. "London.

"Your Skin Food is the best I have used, and I have tried several." Mrs. ——

**CREME DE VIOLETTE DE PARME.**—*A new Skin Cream of exceptional value.*—This extremely delicate preparation has a cooling and antiseptic action upon the skin, which speedily removes all roughness and redness. It leaves the skin pliant and smooth, and imparts to it the delicious perfume of fresh violets. "Terrington St. John.

"The Cream de Violette you sent me has cured all my scars." Miss ——

**BLOOM OF STEPHANOTIS.**—An exquisite creamy-white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful flushing of the face, brownness of the neck and arms, undue redness of the face and hands are obviated by one application. It so entirely prevents the discolouring action of sun on the skin that freckles are almost unknown to those who use it. In polished applewood case, with toilet puff, 3s. 6d., post free.

**CREAM OF STEPHANOTIS.**—A liquid form of the "Bloom." Innocent, refreshing, and beneficial, it forms the most desirable and effective Complexion Lotion, its action being both preservative and protective. 3s. 6d. and 10s. 6d. Post free. "Edgbaston.

"I have used your Cream of Stephanotis for the last twelve months and am more than delighted with it. I rub it into my face every morning; it tones down my colour and conceals flushing, &c., admirably; it lasts the whole day, and I do not have to use any powder with it." Miss ——

**CREAM OF SULPHUR.**—The most satisfactory preparation for the removal of Blackheads, Dry Eczema, Pimples, &c., yet introduced. Used in strict accordance with the directions sent with it, this cream gradually removes all the painful and unsightly effects of Acne, and leaves the skin smooth, soft, and healthful. 2s. 9d., post free. "Norwich.

"Miss —— has derived the greatest benefit from the use of the Sulphur Cream, which has completely removed the unsightly blackheads and pimples."

**GLYCORAX.**—A new and fascinating Liquid Dentifrice, scientifically adapted to preserve the enamel in a white and pearly condition. It produces a delightful sensation of cleanliness and freshness in the mouth, with a fragrant foam, thoroughly sweetening the breath, and removing all impurity. Its use will tend to stop the further progress of existing mischief in the teeth, and to conserve their sound and healthy state through life. Price 1s. 3d. and 2s. 3d., post free. "Limerick.

"Send me by return one dozen Glycorax. I find it wonderful for preserving the teeth." Mrs. ——

**JABORANDI HAIR TONIC.**—Prepared from selected South American Jaborandi Leaves, containing the valuable alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s.6d. and 10s. 6d. Post free. "West Kensington.

"The bottle sent to Miss —— has had a most wonderful effect on her hair, restoring the colour where it was turning grey to a very great extent." "Chester.

"I thought you would like to know that the growth of my hair since using your Jaborandi Tonic is simply wonderful. I have only used one bottle, and it has grown more than three inches; I could not have believed it." Mrs. ——

**PETROLATE OF SULPHUR.**—For nourishing the Hair, promoting its growth, and improving its colour; preventing increase of greyness, and removing that already existing. It has recently been found that a really wonderful amount of success has attended the combined use of this Petrolate at night and Jaborandi Tonic in the morning, in obliterating greyness, and this plan should be tried in every case of greyness, however severe. Price 2s. 6d. Post free. "Bognor.

"The premature greyness has decreased, and my daughter's hair is in most beautiful condition. Its brilliancy is most marked, and the fall of hair is already much less." Mrs. ——

**WALNUT JUICE AND NUTGALLS.**—Having often been required to prepare Walnut Juice for Ladies, I have found that it is not perfectly successful by itself as a hair stain. After many experiments I am at last able to introduce a combination of Walnut Juice and Nutgalls, which is perfectly effective in giving to grey hair various shades of rich natural brown, very different to the dull metallic black of lead restorers. It is at the same time perfectly safe (Walnut Juice has been used for centuries as a hair dye). Price 3s. 6d. per case. Post free. "York.

"Please send another bottle of your Walnut and Nutgalls. It acts splendidly, making the hair a perfectly natural colour." Mrs. ——

**HENNA DYE.**—For light brown and auburn hair. An entirely vegetable preparation, obviating the use of any lead or metallic dyes. It is guaranteed to be entirely harmless to hair or health. It is most simple in application, and in every way superior to the old-fashioned metallic dyes in two solutions. Price 3s. 6d. and 10s. 6d. Post free. "Dumbarton.

"Please forward another bottle of Henna Dye, I found the last very good, easily applied, and a good shade, as well as clean in use." Mrs. ——

BACK VIEWS OF NOS. 7357 TO 7362 (PAGES 22 AND 23).

(design made to meet) to eke out the width. The band collar should be stiffened with fine, white-cased Featherbone. Send to Weeks and Co. (Department M.J.), 5, Wells Street, W. Tack together backs and fronts. Gather beneath bands of lace insertion into the net yoke according to the notches, and try on. Hem the basque. Hem the back edges, and close with a few Newey's Imperial Spring Hooks (very small) and worked loops. The sleeve is a very beautiful one, hemmed, the edge scalloped and trimmed with lace, gathered into the armhole.

### An Embroidered and Tucked Blouse.

**No. 7325,** **Page 11.** This is an exquisite model, lovely in shape and in its smart deep tucks, in its elegant lace chemisette, as well as in its exquisite embroidery, for which transfers can be supplied price 6½d., post free. The blouse should be worn over a fitted under-slip of glacé or mercerised lining. The pattern is in seven pieces—half the tucked front. one tucked back. one sleeve, one sleeve lining, one cuff, half the chemisette (back and half front in one), half the chemisette collar. Lay the pattern pieces on 2 yards 44-inch crêpe de chine, which is opened out and is doubled beneath sleeve and back patterns, so that they are cut in duplicate. The single material is folded over (selvedges meeting), the front centre of front laid on fold so that it is cut in a single piece. First of all embroider front and cuffs, scalloping and working the edges which lie on the chemisette. Then arrange the tucks. Tack together front and backs, and try on. Secure tucks. Stitch and fell seams. Edge the worked scallops (inside) with a tiny frill of valenciennes. Hem the lower edge. Hem the backs, and close invisibly with Newey's Imperial Spring Hooks and worked loops. Cut out the complete vest and complete collar in stiff paper. On the paper arrange the valenciennes insertion to shape in rows. Bind the edge of vest with a sarsenet ribbon. Sew the collar to the neck of vest according to the notch. Vest and collar close at back with tiny Newey's Imperial Spring Hooks and worked loops. It should be secured to the blouse to prevent its shifting. The lining of sleeve would be of some delicate fabric like Japanese silk. The seamed puff of the sleeve is arranged on the seamed lining, and the sleeve is then gathered into the lined and embroidered cuff, which is edged with two frills of Valenciennes.

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### Pleated Blouse of White Viyella.

**No. 7326,** **Page 11.** Smart model. A pleated back and two pleated fronts, right front cut with box-pleat. Pleats are wheelmarked on pattern. Close with small pearl buttons, buttonholes made in an underfold of box-pleat which is decorated with silk "faggot-stitch" trimming. Added basque. Shirt sleeve with cuff decorated with the silk trimming. Collar band supports a detachable linen collar. 31-inch Viyella, 3¾ yards.

### Embroidered Viyella Blouse.

**No. 7327,** **Page 11.** The pattern is in seven pieces: half the front strap, which is cut in one with the yoke front, one back of yoke, one full front, one full back, half the collar, one sleeve, one cuff. The embroidery covers strap and complete yoke; it decks the collar and the handsome cuff. The blouse closes down the back under an added box-pleat—a mere straight band 1½ inches wide (without turnings). Lay the seven pattern pieces on 4 yards of 31-inch Viyella, which is opened out and is double beneath sleeve pattern so that it is cut in duplicate. The single material is folded over (selvedges meeting), front edges of front strap and collar laid on the fold, so that each is cut in one piece, the other pieces being cut in duplicate. The front being a trifle wide for a half-width, added little corners are seamed up the selvedges. The yoke is given in two pieces because it is easier to fit; but if the figure admits it (often the shoulder is too hollowed out) the yoke looks best in a single piece. The best plan is to cut the yoke patterns in muslin, and try on, so that the complete yoke can be cut in one from the corrected pattern. But some figures require a distinct hollow for a fit, and in that case a seam is preferable. The embroidery, all in one piece, worked over the seams, hides them. The yoke and strap should be lined with batiste. It is better also to line collar and cuff with the same. Gather fronts and backs into the embroidered yoke and strap according to the notches, felling the lining over the seam. Hem the backs, put on the buttons, make the buttonholes and over them mount the added box-pleat. Hem the basque. The collar closes with Newey's Imperial Spring Hooks and worked loops. Seam the sleeves. Slit the sleeves for two inches for an opening, hem the edges and gather into the lined cuff according to the notches.

### Smart Blouse of Striped Mousseline de Laine.

**No. 7328,** **Page 11.** Very smart model. Pleated back and pleated double-breasted fronts, pleats wheelmarked on pattern. Blouse closes on left, beneath first pleat. Back is on straight, fronts on cross. Close with pearl buttons and buttonholes made in an underfold of first left pleat (cut with right front). Left front is a narrow one of two pleats. Added basque. Decorate with velvet buttons and velvet bow. Band collar tucked to flat pattern, finished with embroidered lawn French collar. Tucked cuffs to the pleated sleeve (cut on straight). Pleats are wheelmarked on pattern. Pin tucks are made down front centre, or velvet Tom Thumb ribbon is used for these becoming lines. 44-inch material, 2 yards.

### Girl's "Gibson" Coat.

**No. 7329,** **Page 12.** This is cut and made on the principle of No. 7308, but the fronts are turned back to show the facings, and there is a smart reefer collar faced with tweed. For excellent 54-inch tweed for this coat, send to Robinson and Cleaver, 40R, Donegal Place, Belfast. The one-piece sleeve is pleated to fit wrist. 52-inch tweed for a girl of fifteen, 5 yards.

### Girl's Useful School Suit.

**No. 7330,** **Page 12.** Smart semi-fitting coat. Two backs, two fronts, four sides of drab coating. Face fronts with coating. Coat is handsomely strapped. Large metal buttons. Close with buttonholes. Smart collar, faced with drab silk. Two-piece sleeve, strapped. Coat can be lined, or the seams and front facings can be bound. Five-gore skirt to match, lined with sateen. 48-inch tweed for a girl of fourteen, 6 yards.

### Boy's French Inverness.

**No. 7331,** **Page 13.** All French boys possess this useful inverness—a round cape and pointed hood of Pirle-finished tweed. Strips of tweed edge the fronts as facings. 52-inch tweed for a boy of ten, 1½ yards.

### Boy's Braided Coat.

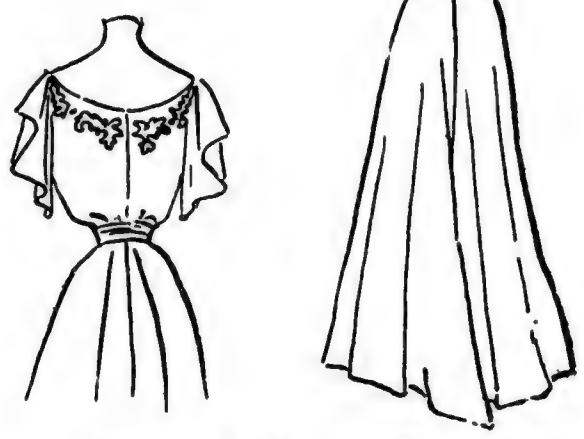
**No. 7332,** **Page 13.** A back and two double-breasted fronts, a two-piece sleeve. Good model for face cloth, decorated with silk braid. Cuff and collar are braided. Face fronts with the cloth. Coat is double-breasted, buttonholes made in facing of left front. Line with Italian cloth, cut on coat pattern, but seamed apart, edges slipstitched to stitched coat edges and front facings. 52-inch cloth for a boy of six, 2 yards.

### Girl's Winter Coat.

**No. 7333,** **Page 13.** Two backs, two fronts of green coating. Face fronts with coating. Large metal buttons. Close with buttonholes. Decorate with military braid. Smart collar, decorated with braid. One-piece sleeve, on a smaller lining, with braided cuff. Coat can be lined, or the seams and front facings can be bound. 54-inch coating for a girl of ten, 3 yards.

### Girl's Empire Coat.

**No 7334,** **Page 13.** A three-piece double-breasted Empire bodice and a two-piece shaped skirt. Only bodice need be lined, the fronts faced with the coat material. Close with one button and buttonhole. One-piece triple capes, simply hemmed. Face collar with the velvet. One-piece sleeve, with cuff faced with velvet. For a girl of six, 48-inch cloth, 2½ yards.



BACK VIEWS OF FREE BLOUSE AND SKIRT PATTERNS

### Boy's Tunic Coat.

**No. 7335,** A back and two fronts, added vest,
**Page 13.** a large one-piece collar. Line with silk cut on tunic pattern, but seamed apart. Coat closes with hooks and eyes. Collar is braided, edged with fur. The one-piece sleeve on a smaller lining, has a cuff edged with fur. Leather belt. 48-inch material for a boy of three, 1¾ yards.

### Pleated Empire Coat.

**No. 7336.** A box-pleated back and two box-
**Page 13.** pleated fronts of cloth. Pleats are wheel-marked. Line to hip, lining cut on pattern after pleating. Velvet belt gives an Empire effect. Large collar faced with velvet, edged with ermine. One-piece sleeve, the cuff of velvet edged with ermine. 48-inch cloth for a girl of seven, 2½ yards.

### An Empire Night Dress.

**No. 7337,** Good model for nun's veiling. A
**Page 14.** back and front, eked out with added corners (seamed up the selvedges), gathered into a three-piece Empire bodice, formed to flat pattern of tucked veiling and torchon lace. Bodice and skirt are joined beneath an embroidered band. The skirt front is slit for an opening, the edges protected by stitched bands, the right front holding the buttonholes. Bodice closes with buttons made in an underfold of strap. One-piece sleeve, made up to pattern with tucked veiling and insertion, finished with a frill which is decorated with lace. 44-inch veiling, 6½ yards.

### Dressing Jacket of Blue Molleton.

**No. 7338,** A back and two fronts, a large
**Page 14.** collar, a one-piece sleeve arranged into a band which holds the frill. Edges are scalloped and worked with wool. 36-inch molleton, 7 yards. For the molleton send to Christopher Williamson, Department 10, 91, Edgware Road, W.

### Charming Cashmere Dressing Gown.

**No. 7339,** Two backs, four sides, a left,
**Page 14.** front, a double breasted right front. Gown closes on left and on left shoulder. The right front is prettily draped and is decorated with cord and buttons. Added lace chemisette. One-piece sleeve on a smaller lining, with lace frill. Charming model. Cord girdle. 44-46-inch cashmere, 7 yards. For inexpensive cashmere send to Lewis's, Market Street, Manchester.

### A Pretty Cache-Corset of Nainsook.

**No. 7340,** A back and two fronts, tucked
**Page 14.** into a ribbon-threaded beading at waist. Tucks are wheelmarked. Front yoke made up to pattern with rows of lace and tucked nainsook. Added box-pleat holds the buttonholes. Lace edging finishes neck and armholes. 36-inch nainsook, 1¼ yards. To match No. 7337. For patterns of nainsook, send to Chris. Williamson, Dept. 10, 91, Edgware Road, W.

### A Silk Skirt.

**No. 7341,** Well-fitted at top, to wear beneath
**Page 14.** fitted skirts—not for the clinging skirt, as this skirt is finished with a full flounce, made up of a tucked band, a shaped band decorated with ruches and a pleated frill. For silk, send to the Holborn Silk Market, Holborn Bars, E.C. 22-inch silk, 10 yards.

### French Drawers of Veiling.

**No. 7342,** To match Nos. 7337 and 7340.
**Page 14.** Two-piece drawers, cut low to button on corset edge. The frill is tucked and trimmed with lace. 44-inch veiling, 3 yards.

### Lovely Empire Tea Gown.

**No. 7343,** Seven-gore skirt of silk marquis-
**Page 15.** ette, worn over a satin foundation skirt. Lovely Empire blouse. Cut a fitted bodice lining with three-piece front, to close at back. Tack, fit, seam, leaving only side and shoulder seams. Drape with yoke front and two backs of lace, closing on left shoulder. Lace band collar. Below this is a front and two backs of the marquisette, finished with a drapery of satin and two long stole ends of lace. One-piece wing sleeve of the marquisette mounted on a lace flounce. 44 inch marquisette, 7 yards. For the materials send to Thompson's, 163 to 168, Tottenham Court Road, W. Satin belt drapery.

### A Beautiful House Dress of Face Cloth.

**No. 7344,** Very elegant model, to be built
**Page 15.** of the new very soft light face cloth (send for patterns to T. W. Thompson's, 163 to 168, Tottenham Court Road, W.). 5-gore skirt, cut very circular, so that it falls in rich flutes. It is unlined, hemmed with velvet. Wear over the 5-gore foundation skirt. Beautiful blouse. Cut an ordinary fitted lining to close down front centre. Decorate with silk vest and cross draperies of the new netting supporting roses of Irish crochet. One-piece cloth sleeve with velvet cuff, loose on a tight lace sleeve. Over this bodice is mounted the one-piece cloth kimona, decorated with velvet, the sleeve edged with lace. Face the revers with velvet-edged lace. Beautiful model. 52-inch cloth, 7 yards.

### Rich Princess Dress of "Wonderful" Velveteen.

**No. 7345,** This looks lovely in one of the
**Page 15.** new grey shades (not too dark). Cut a nine-gore princess lining from neck to hip, in silk or mercerised lining, to close on left of centre panel. Veil top with transparent yoke, lying on the bare neck, hooking on left shoulder. Rich passementerie hides the join of velveteen and lace. Veil the breadths with three-piece front, four sides and two backs of the "Wonderful" Velveteen, reaching to the feet. Front sides form two box-pleats. In cutting the velveteen, see that pile feels rough if smoothed *downwards*. Fit, stitch, and carefully bone with Featherbone (for samples send to Messrs. Weeks and Co., Department M.J., 5, Wells Street, Oxford Street, W.). Hem the skirt invisibly. Wear over "eel" five-gore foundation skirt. New long sleeve of ruffled lace, unlined. Above is a lined ruffled sleeve of velveteen, decorated with passementerie and a velvet-edged flap of lace over satin. 24-inch "Wonderful" Velveteen required, 15 yards. For the "Wonderful" Velveteen (2s. the yard), send to Lewis's, Market Street, Manchester.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### The New Hats.
**Page 16.**

No. 7346 is of grey felt, decorated with the new coque plumes (white) and blue velvet. No. 7347 is a neat velvet hat, with spreading tail feathers. No. 7348 shows a velvet "bell" hat, decorated with ribbon and osprey. No. 7349 is a bell hat of white felt, with black feather and velvet rim. No. 7350 is a travelling hat of grey felt, trimmed with grey velvet and black plume.

### Kimona Blouse of Velours Mousseline and Ninon.
**No. 7352,** **Page 19.** Three-piece yoke of guipure. Band collar of the lace, hooking at back with Newey's Imperial Spring Hooks and worked loops, supported with the fine white Featherbone. On to the lace yoke mount a full front and two backs of white ninon de soie, gathered beneath a band of lace insertion. Sleeve of the ninon, transparent, ruffled up the seam, mounted into the armhole. Four-piece pleated kimona of mauve velours mousseline, seamed on the shoulder, edged with lace. Pleats are wheel-marked on pattern. Belt of velours, supported on Featherbone. 44-inch velours, 1½ yards; 45-inch ninon, 2 yards. For velours mousseline send to Thompson's, 163 to 168, Tottenham Court Road, W.

### Lovely Tea Gown or Theatre Dress.
**No. 7353,** **Page 19.** Good model for very fine soft cloth, white or in some pale pastel shade. Elegant skirt in nine shaped gores, unlined, so that the fullness of the lower half falls in soft flutes about the feet. Top fits closely. Hem invisibly from the back (the French hem) over a band of lino. Wear over a soft "eel" foundation skirt with no firm frills to push out the folds of the cloth skirt. Charming bodice. Cut a low-necked blouse of white satin with a three-piece front. Fill in neck with three-piece yoke of white lace. Band collar of lace, supported with fine white Featherbone. On the yoke is mounted a full front and two full backs of white chiffon, drawn up by a velvet ribbon matching the cloth. Sleeve of the chiffon—a double frill, edged with a ruche—mounted into the armhole. One-piece kimona over-blouse, made of the cloth, decorated and laced with chiné ribbon. Belt of broad ribbon to match, supported on Featherbone. 52-inch cloth required, 5 yards; 45-inch chiffon, 2 yards. For lovely cloths, send to Thompson's, 163 to 168, Tottenham Court Road, W.

### An Original Blouse of Pleated Charmeuse Silk.
**No. 7354,** **Page 19.** This new silk gleams like satin and is very supple. In more expensive makes it can be had in double width. A fitted silk bodice lining with three-piece front is cut to close on left of panel front. Tack, fit, and seam the lining, leaving only side and shoulder seams. Veil lining front panel and the fitted back with fancy ninon, tucked to flat pattern. Beautifully draped crossed fronts and backs of Charmeuse silk. Finish seams. The silk is gauged on the shoulders beneath a buckle and drapery ends of silk tipped with tassels. The transparent band collar is supported with white-cased fine Featherbone. Into the armhole is arranged the tight ruffled sleeve. Draped silk belt. 44-inch material, 2½ yards.

### The French Hip Coat, for Fur, Seal, Plush, &c.
**No. 7355,** **Page 20.** This is the favourite and smartest type of short coat, with or without waistcoat. For fur it looks excellent in seal, caracul, mole, or buffalo, decorated with rich buttons and handsome chinchilla collar. The beautiful little model illustrated makes up charmingly in Velours du Nord. There is a one-piece back, four sides, two fronts. Interline with white domet, herringboning the Velours edge over a band of fine tailor canvas. Coat closes with cord loops and handsome enamelled buttons. Face the collar with chinchilla. Smart long sleeve, with the new "flatness" at the shoulder. Two buttons (smaller) decorate each sleeve. Line with rich white satin. For seal, mole, or caracul, a muff of the same fur is best. For velvet, the muff would be chinchilla, like the collar. 42-inch Velours du Nord, 3 yards. For the Velours send to T. W. Thompson's, 163 to 168, Tottenham Court Road, W. The new seven-gore "eel-skin" skirt, very full at the feet, unlined, worn over a very close-fitted, soft-falling foundation skirt.

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The original and best. From 1s. per yard. White or coloured. Soft, dainty, durable, unshrinkable; better than flannel. Patterns post free.—Sole agents, Greensmith and Downes, Edinburgh.

### Beautiful Coat in Seal or Seal Plush.
**No. 7356,** **Page 21.** Makes up admirably in Velours du Nord. Two backs, four sides, two fronts, single breasted, closing with buttonholes made in right front. Handsome metal buttons. Face the fronts with the material. Coat is lined with domet and white satin, cut on coat pattern, the satin seamed apart and slipstitched to the coat edge, which is herringboned down over a band of fine tailor canvas. One-piece collar faced with sable. One-piece open sleeve edged with sable. Wear with long flowing skirt with "eel-skin" top of face cloth or plaided material. 42-inch Velours du Nord for coat, 7 yards. The back is open almost to waist, coat style, finished with two smaller buttons.

### How to Make Up the New Wide Stripes.
**No. 7357,** **Page 22.** Eleven-gore skirt in rich pekin, with stripes of moire (4-inch) and satin (2-inch). The front breadth has the stripes plain. Backs and sides are pleated in such a manner that the darker satin stripe disappears as far as the inverted box-pleats are stitched down. Pleats are wheelmarked on pattern. The skirt is simply hemmed, and is worn over a five-gore trained foundation skirt of silk. Dressmakers can easily adapt the pleats to suit stripes of other widths. Private ladies who doubt their skill, can have a pattern specially arranged (to suit the stripes of their material) for 2s. 6½d., post free. It is not advisable to use narrow stripes of even width for this smart and novel style. 22-inch pekin, 15 yards. Reversible plain materials, like bengaline, take only 12 yards. Care must be taken that stripes run straight down the centre of the breadths. Charming bodice. Cut a fitted silk lining with three-piece front, to close at back. Tack, fit, seam, leaving only side seams. Drape with front and two backs of lace, gathered at the top to form a frill heading. Over this are two backs, and double fronts of moire, matching the light stripe. Front and back prettily draped by slight gauging down front centre, shoulders, and down backs, where backs hook beneath the little doubled frill formed by the gauging. Two lace flounces form a sleeve. 22-inch moire, 2 yards.

### Lovely Evening Gown of White Æolienne or Marquisette.
**No. 7358,** **Page 22.** Five-gore foundation skirt of white satin, edged with a pleated frill, over which hangs the skirt of the fine, soft, silk-and-wool æolienne, cut in seven gores, decorated with a filigree embroidery in silver thread. Top is not nearly so full as the lower part. A fitted satin bodice lining is cut with three piece front, to close at back. Tack, fit, and seam the lining, decorating it with a full top of white spotted net, gathered with a runner of white baby ribbon and lying on the bare skin. Into the armhole of the lining is arranged the very new sleeve of the net, transparent, ruffled up the seam on a ribbon. One-piece kimona of the æolienne, the new shape (rather "baggy" below the arm). The top is gathered into a yoke band of silver embroidery, the sleeve being beautifully folded, the folds invisibly secured by a few stitches. Exquisite, and very original model. Draped satin belt. 44-inch satin, 7 yards. 44-46-inch æolienne, 8 yards. For the æolienne send to Messrs. T. W. Thompson's 163 to 168, Tottenham Court Road, W.

### Artistic Empire Evening Gown.
**No 7359,** **Page 22.** Original and graceful model of white crêpe de chine. Seven-gore skirt cut in seven gores, slightly full above, very flowing below the knees. The lower edge is hemmed and is decorated with a simple key pattern embroidery in a light and very narrow silver passementerie. Wear over a five-gore foundation skirt of silk (No. 7137, see September No.). Beautiful bodice. Cut a lining in silk—three-piece front, four sides, two backs, to close in front. Tack, fit, bone. On it mount a quilling of white chiffon, forming a plastron back and front, drawn up with a runner. Finish seams. Over the whole bodice, finished all but fastenings, mount the four-piece kimona, which has a gracefully pleated sleeve (pleated, when cutting, on the flat pattern). Fronts are crossed. Over this is a lovely two-piece scarf of the crêpe, embroidered all round the edge, mounted on the back and shoulders of the bodice, the long front ends falling free, tipped with silver tassels. Double width crêpe de chine, 10 yards. For the crêpe send to Messrs. T. W. Thompson's, 163 to 168, Tottenham Court Road, W. Satin belt draped on bones.

### Evening Gown with Tunic Skirt.
**No 7360,** **Page 23.** Seven-gore foundation skirt of shrimp-pink glacé, the lower part covered with shrimp-pink pastel cloth. Tunic of the cloth, raw edge, decorated with a bias band of green velvet. The tunic is cut in three gores, and fits closely at the top, the lower part being full, to fall in elegant folds. Lovely bodice. A fitted green silk bodice lining is cut to close down back. Tack, fit, and seam the lining, decorating it with vest and back panel of spotted white point d'esprit net. Two fronts and two backs of the cloth. Sleeve of ruffled net, fitted, transparent. Decorate bodice with a raw-edge fichu flounce of the cloth, trimmed with a band of velvet, and lying upon a pretty frill of lace. Draped pink satin belt. 44-48-inch cloth, 7 yards. For the cloth send to T. W. Thompson, 163 to 168, Tottenham Court Road, W.

### A Velvet Coat.
**No. 7361,** **Page 23.** Suitable for day or evening wear, equally suitable for a young married lady or a middle-aged matron. Rich and becoming model. Looks splendid in Velours du Nord. Could be carried out in Louis Velveteen. Two fronts, two backs, four sides. Silk braid on fronts and backs gives an "Empire" effect. Turn the edge all round over a band of lino; herringbone down. Put in an interlining of thin domet. Line with mauve or white satin, seamed apart, the edges slipstitched over the turned Velours edges. Mantle (very loose) closes with black silk cords and buttons. The large one-piece sleeve is mounted on a smaller lining. One-piece collar, faced fur. The cuff is also faced with fur. 42-inch Velours, 8 yards.

### Evening Gown with New Kimona Dinner Coat of Lace.
**No. 7362,** **Page 23.** Five-gore skirt of white satin, edged with a pleated frill, over which hangs the skirt of embroidered silk muslin, cut in seven-gores, decorated with a muslin ruche. Top, only eased, is not nearly so full as the lower part. A fitted satin bodice lining is cut, to close in front. Tack, fit, and seam the lining, decorating it with a full back and full fronts of the muslin. Into the armhole of the bodice is arranged the transparent muslin sleeve, which is ruffled up the seam. A ruche edges the neck. Kimona coat of piece lace—two fronts, four sides (cut in one with sleeve), a one-piece back. Seams must be very small and neat. It is better to lap them and work them over to look like continuous lace. The edge is scalloped and worked. Beautiful model. Draped belt of velvet. Lace fronts with velvet. 44-inch satin, 7 yards. 44-inch muslin, 7 yards, 18-inch lace, 8 yards. For the satin send to the Holborn Silk Market, Holborn Bars, E.C. They have wonderfully cheap and effective satins for foundations.

### A Grey Cloth Skirt and Chinchilla Kimona Coat.
**No. 7363,** **Page 24.** Lovely model. Seven-gore pleated skirt of grey face cloth, very full at lower edge, pleated at waist, sides, and back (pleats wheel-marked on pattern). Skirt is hemmed over a band of lino with a bias band of grey velvet. Wear over a five-gore silk foundation skirt. Kimona bolero, a favourite shape for fur. If cut in material, back, fronts, and sleeves are cut in one piece, with an inserted undersleeve and side piece. The fronts are single-breasted and can close with buttons and loops. Line with domet and white satin, the fronts faced with the fur. A band of fur forms a collar and edges the sleeve. Wear over a grey velvet blouse. Quantity of 52-inch cloth for the skirt, 5 yards.

(*Continued on page 40.*)

**"Being a dressmaker, I find your journal most useful to me, and feel I do not like to be without it."—F. M.**

# THE HOLBORN SILK MARKET,

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**Our ANNUAL SALE is now on of every Requirement for Ladies' and Children's Evening Wear, Silks, Dress Materials, Gauzes, Lace and Made-up Goods, &c.**

***Our Circular, which gives full Particulars, Post Free by return.***

**We are also showing a Lot of Goods suited for Charitable Purposes, and a Great Variety of very Useful Goods for Christmas and New Year's Presents.**

***Please Write for our Circular and newly issued Illustrated Lists, which are sent Post Free.***

## COLOURED SILKS & SATINS.

**White and Ivory White Tucked** Flounced Embroidered Lace Insertion and Lace-Edged Japanese Silks, 22in. with 3 pleats and 2½in. hemstitched border, 1/7½; 24in., same pleats with 2 cord transverse stripes, 1/7½; 23in., with 3 tucks and 2 transparent stitched stripes, 1/11½; 28in., 4 tucks and 6 stitched pleatings, 2/6½; 29in., with lace insertion and lace border, 2/6½; 31in., with 3 hemstitched tucks, 2/6½; 31in., with transparent stitchings and lace gathered flounce, 2/9½; 30in., with 3 transparent stripes and lace insertion, 2/9½; 39in., with fancy stitched stripes and gathered flounce, 2/11½; 31in., with embroidered and lace insertion and edged flounce, very stylish, 2/11½; 30in., with embroidered and hemstitched flounces, 2/11½; 30in., with hemstitched tucks and embroidered over tucks, 2/11½; 31in., hemstitched and embroidered, 2/11½; 39in., with a deep lace edged flounce, 2/11½; 40in., with embroidered flounce, 3/6½; 38in., with lace insertions and flounce and tuckings, 3/6½; 39in., with 2 lace insertions and lace edged flounces, 3/11½. There is a great demand for these readily prepared silks for both children's and young ladies evening dresses; they are beautifully finished goods and very moderate in price.

**Crepe de Chine Silks, the most** lovely silks for evening wear. We have a stock of 25,000 yards of all the best British and Continental makers. We have from 30 to 50 shades at each price: 20in. 1/4¾, 40in. 2/11½, 44in. 3/11½, 45in. 4/11½; these are 7/6 goods, and are beautifully made in black, white, and cream, at all the above prices, and also 44in. 5/11.

**White and Ivory Japanese Silks,** These favourite silks are becoming more fashionable than ever. We hold the greatest variety of widths, qualities, and prices of any Mart in London. We stock 20in., 6¾d. and 8¾d.; 23in., 10¾d., 1/0¾, 1/2¾, 1/4¾, 1/7¾, and 1/11½; 27in., 1/0¾, 1/2¾, 1/4¾, 1/7¾, 1/11½, 2/3, and 2/6½; 36in., 1/2¾, 1/4¾, 1/7¾, 1/11½, 2/3, 2/6½, 2/11½, 3/6½, and 3/11½; 48in., 3/6½, Twilled ditto, 27in., 1/11½d and 2/6½; 36in., 2/6½, 2/11½, and 3/6½.

**Tussore and Shantung Silks in** the natural shades, 25in., 1/11½ and 2/3; 33in., 2/6½; 35in., Indian, 2/6½; 28in., a heavy shirting and Pyjama make, 2/11½.

**Dyed Shantung Silks, very** fashionable for evening wear. Specially dyed shades, 21in. 1/7¾, 31in. 2/11½, 33in. 3/6½.

**Chiffon Taffeta Silks for evening** wear. We have a splendid line in these silks, in 50 shades, 20in., sale price 1/11½, quite worth 3/-; also a beautiful lot of Shot Taffeta Chiffons, 20in., 2/6½, were 3/9, and another line 20in., 2/11½, in plain colours, 21in., a superb line, 2/11½.

**Chiffon Taffeta Silks, double** width, in every fashionable shade, 40in., 3/11½ and 4/11½.

**Poplin de Soie Silks, charming** silks for evening wear. We have a range of 30 light and bright shades, 44in. wide, 3/11½, worth 5/9.

**Louisine Silks. These silks are** very fashionable and much in demand for evening wear. We stock five qualities: 20in., in 40 shades, 1/2¾, in 25 shades 1/6¾d, in 35 shades 1/11½, in 38 shades 2/3, and in 20 shades, 21in., 2/6½.

**Tryme Sole Silks, rich for** evening wear, all silk, 30 shades, 20in., 2/6½.

## LACE GOODS FOR BALLS AND PARTIES.

**44-inch Gauze with single Dew-**drop bead, in White, Cream, Black, Sky, Pink, Nil, Gold, Red, 1/0¾ yard.

**44-inch Gauze with Fancy Dew-**drop design in Black, White, Cream, Sky, Pink, Nil, Gold, Mauve, Red; special price, 1/4¾ yard.

**42-inch Fancy Tinsel Gauze, in** White and Silver, Sky and Silver, Black and Silver, Mauve and Silver, Nil and Silver, Red and Silver, Pink and Silver, Black and Gold, White and Gold, and Gold, 9¾ yard.

**20-inch Tinsel Tissue in Silver,** Gold, Pink, Sky, Mauve, Nil, Red, 1/0¾ yard.

**42-inch Fancy Gauze, with** Tinsel Stripe, White and Silver, Black and Silver, Pink and Silver, Nil and Silver, Red and Silver, Mauve and Silver, Sky and Silver, White and Gold, Gold, 1/0¾.

**24-inch Tinsel Tissue, in Gold** only, 1/0¾ yard, very special value.

**44-inch Spot Bretonne Dress** Net, in White, Cream, Paris, Black, Sky, Pink, Nil, Mauve, Red, 1/3¾ yard.

**44-inch Black Fancy Cotton** Dress Net, 1/0¾ yard.

**44-inch Black Ivory and Paris** Dress Net, fancy designs on the new filet ground, 1/11½ yard.

**44-inch Black and Ivory Silk** Dress Net, woven spots and rings, 1/11½ yard.

**44-inch Plain, Spot, and Fancy** Dress Nets, in Black, Ivory, and Paris; all the newest patterns, 1/11½d, 2/6½d, 2/11½d, 3/6½d, 3/11½ per yard.

**27-inch Fancy Bretone Net, in** White and Paris only, 4¾ yard, worth 8¾d. yard.

**Unmade Sequin Robes, Hand-**some design, well covered, including material for bodice, White and Silver, Black and Silver, White and Gold, Black and Gold, and Black, 21/6, 23/9, 25/11, 29/11, 35/6, 39/6, 47/6.

**Coat of Mail Sequin Robes, in** Black and White, 63/- to 5 guineas.

**Tambour Lace Robes, full size,** shaped skirts, with material for bodice, in Ivory and Paris, 21/6, 25/11, 29/11, 39/6, 47/6, 52/6.

**Handsome Black Tambour Lace** Robes, 29/11, 39/6, 45/9, 63/-, including material for bodice.

**Silk Chantilly Lace Robes, hand-**somely trimmed with Ribbon Ruche, 19/11, 25/9, 32/6, 39/11, including material for bodice.

**A Large Selection of Sequin** Nets, the newest designs well covered in Black, Black and Silver, and White and Silver, 1/9½, 2/6½, 2/11½, 3/11½, 4/11½, to 10/6 yard. A large and varied stock of made-up Lace and Silk Novelties, suitable for presents.

**Imitation Spanish Shoulder** Scarf, all Silk, 3/6½ each.

**42-inch Ninon de Soie, very soft** for draping purposes, in Black, White, Cream, Sky, Pink, Nil, Gold, Cardinal, Turq, Brown, Navy, Moss, 1/3¾ yard. Special value.

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Dr. Copeland's views on this subject are concurred in by the best medical thought of the world, and yet, what a vast number of housewives continue to sweep their carpets and rugs with an old-fashioned broom, the greatest of all dust scatterers, solely on account of the erroneous belief that it is cheaper than a carpet sweeper. No woman believes that it is easier to sweep with an old-fashioned broom than with a carpet sweeper. The

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confines all the dust, does the work in one-quarter the time the old-fashioned broom requires, and with 95 per cent. less effort, and, besides, brightens and preserves your carpets and rugs.

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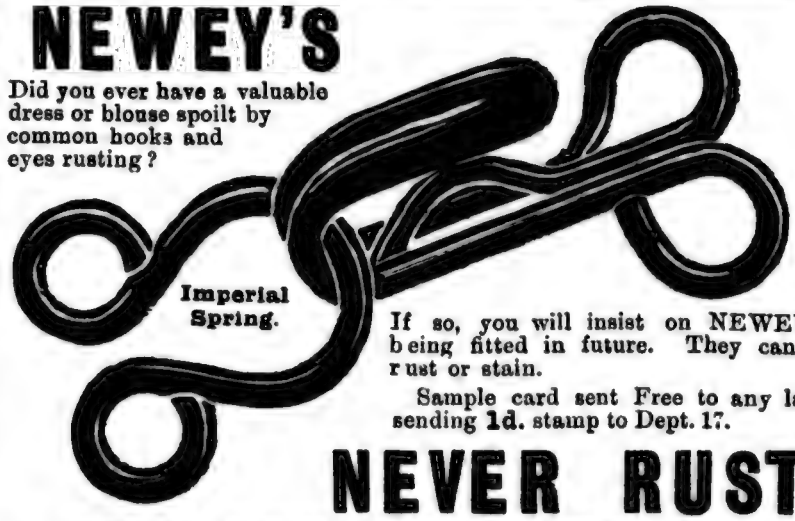


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# Health and Beauty.

By MISTRESS ANNE PAGE.

*All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.*

Sophie.—To cure your face of pimples rub "Mason's Cream of Sulphur" (2s. 9d. from Mr. Mason, 25, Bank Plain, Norwich) well into the skin that is blemished by them every night until they have quite faded away, and during the same period take one of the same Mr. Mason's "Tonic Complexion Pills" (1s. 2d. post free) after each of your meals, and this will make your cure permanent by removing the cause of the trouble out of your system and purifying your blood.

Godetia.—You will find the following lotion, if you make it carefully, will take that tan out of your skin, and make your complexion nice and velvety again: Put 12 tablespoonfuls of new milk, and 2 of fresh dairy cream into a perfectly clean saucepan, and slowly bring to the boil; remove from the fire, take off all scum, then add 2 tablespoonfuls of "4711" Eau de Cologne, 1 teaspoonful of sugar-candy (finely powdered), 1 once of alum (previously dissolved in 6 tablespoonfuls of boiling water), and 1 tablespoonful of fresh lemon juice. When the sugar-candy is dissolved, strain the mixture through muslin, and apply every night. "Mason's Crème Suprème" (2s. 9d. from Mr. Mason, 25, Bank Plain, Norwich) beautifully whitens and softens the skin, and removes spots and discolourations very quickly.

Inez.—I am sure you will like the improvement in your figure if you wear the "R. S. Patent Reducing Corset," which, though boned with real whalebone, is sold for 10s. 6d. by the manufacturers, R. Scales and Company, Corset Specialists, Newark-on-Trent. This corset supports the bust, and keeps one quite flat below the waist, it is in every way most comfortable, yet it gradually reduces the figure and restores its elegance.

Maggie.—If you have any elder trees in your garden, rub the juice from one of the stems on that wart on your hand twice a day, and it will gradually fade away. Some people say that pipe-clay rubbed into a wart, dry, two or three times a day will send it quite away in the course of a few weeks. Another remedy that is safe and yet most efficacious is one drop of "Glacial Acetic Acid" painted on the wart three times a day. You can get this acid for a few pence at any chemist's, and you should apply it with a very small camel-hair brush.

Tina.—If you are not very careful to thoroughly dry your hands after washing them they will get red and rough, as you say, and it is a good thing after rubbing them with the towel to complete the drying by rubbing a little prepared bran well into them. To prepare the bran you take 7½ ounces of some quite fresh, and with this well mix ½ ounce of powdered orris root, and 30 drops of essence of violet. Keep it in a covered jar or tin near your washhand basin. Until your hands have recovered their whiteness now, you should every night rub into them some of the delightful "Snow Cream," which Mme. Cross, Dept. M. J., 184 and 186, Regent Street, London, W., sends post free for 2s. 6d., and you should wear a pair of old white kid gloves with a few holes cut in their palms.

Mignon.—You can brighten your dull brown hair and give it those red-gold gleams that are so charming and beautiful by the simple device of a shampoo at intervals of three or four weeks with two or three tablespoonfuls of "Tarlita's Henna Wash" (2s. 6d. per half-pint at Tarlita's, 77, New Bond Street, London, W.) and not water. Pour some of the hot water on your head, then rub in the necessary quantity of the wash until you get a profuse white lather, then rinse and dry in the usual way, and when you dress your hair again you will find it soft and glossy, and rich in colour, and yet it will not be dyed!

Countess in Bavaria.—It is best, if possible, to practise physical exercises for a quarter of an hour the first thing on rising in the morning, then to have a bath, and to follow this with brisk towel-friction, and then by a shampoo of the whole body with a "Spinalife Brush," which we get here for 5s. 6d. from Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E. If, when you have removed your corsets at night you practise the exercises again for ten minutes, and then use the Spinalife Brush until your skin glows, it will be very good for you, and will do much to strengthen you and to dispel and finally cure that form of nervousness from which you suffer.

The Countess Again.—(1) Strong coffee is supposed to be good for clearing away nervous headaches, but if you find it does not agree with you, and you are forbidden to take tea or milk, I advise you to have cocoa made from the ground-up nibs. It is also a good thing for those who suffer from nervous headaches to infuse the flowers (without their stalks) of freshly-gathered violets, and to drink this infusion instead of ordinary tea. (2) As the ends of your hair are broken and dry, cut them off to above where the hair splits, then put a little good olive oil in the palm of your left hand, take a thick lock of your hair about an inch from where you have cut it off, and rub those cut ends into the oil in your hand until you have swept it all up. Serve all the free end of your hair in this way. Then, every night let your maid make partings in all directions on your head, and rub into each when she has made it some of the following lotion, which any chemist, wherever you may be, will dispense for you:—Rj. tinct. cantharidis, 15 grammes; tinct. quillaia saponaria, 30 grammes; spt. rosmarini, 15 grammes; glycerinum boracis, 15 grammes; Aqua rosæ ad 125 grammes. Misce fiat lotio. Modo dict. utend. Sig. "Venenum." When the skin of your head has been rubbed with this until it feels in a glow, your maid should place her hands on your forehead, gently push her fingers through your hair, and give your scalp "friction douce" with them for ten minutes, stroking and tapping with her finger-tips. This will ease the nerves of your head, and greatly improve the growth of your hair.

Olive.—You can make your bust firm, and reduce its size quite harmlessly by applying to it a dainty preparation called "Dr. Horn's Reducor Pasta," which is supplied only by Dr. O. E. Horn, Bryanston, Bournemouth. I confidently recommend this to you from personal knowledge of its efficacy.

ES—AR.—The best way to whiten the skin that is so red at the bridge of your nose will be to bathe it at night in water as hot as you can comfortably bear it, and then, after dabbing it dry with a soft towel to very gently rub into it some of the "Crème Suprème," that softens and whitens the skin so beautifully, and which is sold for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich. In the daytime bathe first with a lotion composed of one part "4711" Eau de Cologne, one part rectified spirit, and two parts distilled water, letting this evaporate, and repeating this application three times. Then paint the red skin with "Filmine" (3s. 6d. complete with brush for applying it from the above Mr. Mason), which will entirely hide the flaming colour, and also protect that tender sensitive skin from atmospheric germs, fine dust, etc.

Sylvia.—There is a really reliable vegetable hair-colourer called "Jappo" sold for 2s. 2d. a bottle by the Tienture Syndicate, 285, Regent-street, London, W., and you will be wise to send a postal order for that amount, and a bit of your hair cut from where it still retains its pretty colour to the lady manager there, who will choose you the right number of "Jappo" to enable you to restore that tint to the hair which has so prematurely become grey.

Madge.—The miserable sensations you now experience after every meal are due to indigestion, and I advise you to get from Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E., a bottle of "Zobeide Herbal Drops" (2s. 7d. post free), for if you take these as directed on the label you will soon get cured of the trouble, and be able to enjoy your food again.

Doris.—You can soon get your face a pretty shape again, plump and smooth of skin, and clear and fresh as to complexion by massaging every night with "Crème Suprème," which Mr. Mason, 25, Bank Plain, Norwich, sells for 2s. 9d. post free. I am sorry to hear of the illness that has made you so thin, and hope you will soon be much better. "Plasmon" powder (9d. a packet at all chemists) added to your food will help to strengthen you. You should give up tea, and take "Epps's Cocoa" made with milk in place of it, and eat wholemeal bread instead of white. Eggs are very good for you, but they must be cooked "soft," and boiled or poached, but never fried, and seldom scrambled.

Lady Jane.—"Antipon" is a very pleasant tonic to take: it seems to brace the whole system while reducing all superfluous fat, and making the figure proportionate and elegant. As you are so far from shops you should send for a half-crown bottle to the Antipon Company. 13, Olmar Street, London, S.E. (there will be nothing tell-tale on the wrapper), and when you have taken this I am sure you will decide to go in for the complete course.

Monte's Mother.—If you will give your son some "Miol" (sold by chemists in 1s. bottles) every day through the winter, and rub into his hands and feet every night some of the "Zobeide Chilblain Liniment" (sent post free for 1s. 8d. by Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E.) he will not suffer from chilblains this winter as he did last, believe me.

Eva.—That heat and dryness in your skin shows that you are rather feverish from weakness of some kind, and you should take a teaspoonful of "Eno's Fruit Salt" (sold by all chemists) in a small glass of cold water the first thing on rising every morning until you are better, and strengthen youself by having "Plasmon Porridge" and "Plasmon Cocoa" for your breakfast, and one or other of the other dainty "Plasmon" specialities at luncheon and dinner. Then for a week at a time, at rather frequent intervals, until your skin loses that dryness, do not wash it with soap and water, but cleanse it with "Oatine Cream" (all chemists sell this, too), which is very purifying, as well as whitening and softening. Rub it in with the corner of a soft towel, and then dry off with a towel in the ordinary way.

**"I am delighted with your journal and shall take it regularly."—H. P.**

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of **all** kinds can be removed by taking

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***The World-Famed Blood Purifier.***

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**NO PRESSURE. HYGIENIC.** (REGD.)
This lightly boned and elegant garment is designed for the gradual and safe reduction of an over-full Bust.
Price **£1 1s.** Particulars and measurements from
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(Late of 41, Conduit-street.)

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## DEVELOPMENT OF THE BUST.

This wonderful discovery, the result of patient research on the part of an eminent scientist, will increase your bust from two to six inches in a remarkably short space of time; and, in addition, will so build up and rejuvenate the entire system that your limbs become more shapely, your neck, arms, and shoulders plump, your complexion as clear as a pearl, and your eyes sparkling with the light of youthful, vigorous health. The reason for this is that the Temple Nerve and Flesh Food gets **RIGHT TO THE ROOT OF THE CAUSE** of your ill-development, thus getting you into a condition of perfect health, and giving you a proportionate figure, full of queenly grace. **WE PROVE TO YOU** how easily you may become beautiful, be you ever so plain. Don't delay, but write at once for a **FREE TRIAL** before our stock is exhausted by the enormous demand. We also send you Book containing pictures of beautiful women, illustrating what this treatment will do. Thousands of testimonials. Enclose stamp to pay postage. All communications are treated in strict confidence, and should be addressed to—**Madame G. H. TEMPLE, The Temple Association (Dept. 115), 8, Blenheim Street, Bond Street, London, W.**

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Send either 3d. or coupons from 2/6 worth of Oatine Preparations (stocked by all chemists), and we will send samples of eight of our Preparations, and Book on Face Massage, FREE.

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(Dept. 26), **149, Fleet Street, London, E.C.**

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***Larger Sizes at 2/2 and 3/9 post free.***

# Shopping by Post.

THIS is a time of year when evening gowns are required in great numbers for the festivals of Christmas and the New Year. It is not an exaggeration to say that seven evening gowns out of ten are made in the silky transparent or semi-transparent fabrics which the last year has seen brought to such a pitch of perfection. These lovely materials—they are not dear, fortunately—are to be had of all kinds and shades at Messrs. T. W. Thompson Co.'s, 163 to 168, Tottenham Court Road, W. That charming fabric, Marquisette, is to be had at Thompson's from 1s. 11¾d., in the palest and softest evening shades. Equally attractive are the fancy ninon voiles—a sort of material between voile and chiffon, more delicate than the one, firmer and more durable than the other. Spotted ninon voile is a delightful material for evening or afternoon frocks and blouses, in lovely pastel shades (from 1s. 11¾d.).

At Messrs. Thompson's one can get a variety of flounces in Jap silks, for children's party frocks, 27, 30, 33, and 36 inches wide, from 1s. 11¾d. to 4s. 11½d. the yard. With this flouncing and a lace yoke the frock is run up in a few minutes, and the effect is always pretty. Messrs. Thompson will always send patterns of their dress fabrics, post free, also price lists (illustrated) of their new blouses, dress skirts, coats, &c.

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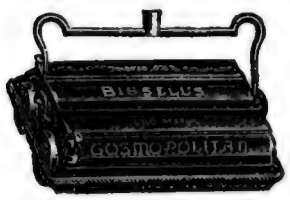
Difficulties with servants and a preference for life in a "flat" have brought it about that many ladies of education do their own housework nowadays, all the work but window cleaning and rough scrubbing. As such ladies object to soil with dust hair or dress more than is necessary, they have evinced a horror of the ordinary carpet broom, and have shown a decided preference for the carpet sweeper, which "eats up its own dust," so to speak, as it works. Of all carpet sweepers there are none preferable to Bissell's, which runs so easily (an invalid could push it along), which sweeps so effectually, and which absorbs as it goes all the dust it removes from the carpet. Bissell's Carpet Sweeper is cheap—from 10s. 6d.—it is strong and durable, and it can be got at any grocers, or stores, or general dealers. Purchasers should make a point of seeing that they really *do* get Bissell's when they go to select a carpet sweeper.

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Quite apart from the natural desire to retain a good appearance, it is dangerous nowadays for all workers, male or female, to let silver threads show in the gold, brown or black of their locks. Some processes of colouring are harmful, others quite innocuous, some provide an utterly unnatural colour, others restore the faded colour of the hair which is greying. Monsieur Tarlita, 77, New Bond Street, W., has a very successful method of colouring the hair, and he is able to remove the hideous reddish or greenish shades which bad hair-dyes are apt to give the hair. A friend of mine—she was very dark—once was horrified to find her hair turning a dull rusty tone under the influence of a certain dye which had been recommended to her. One cannot be too careful as to what sort of dyes one uses. Monsieur Tarlita claims that he restores the original colour, and that his system is not in the least damaging to the sensitive hair bulbs or to the natural gloss of the hair. He will send estimates of the new "Tarlita" Hair Colouring Process, post free.

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Every day the dislike to corpulency (on the part of both sufferers and observers) seems to grow greater. This is a day of activity; people want to keep agile and "fit," and they resent corpulency as a libel on their lives and a damaging suggestion of sloth to other persons more lucky than themselves. Sloth, of course, brings on corpulency, and so does over-eating and drinking; but there are many persons with a tendency to put on fat even if they live most abstemiously, and these are the ones who most lament their lot.

There is a little book, "Corpulency and its Cure," by Mr. F. Cecil Russell (Woburn House, Store Street, Bedford Square, W.) which shows how corpulency can be quickly and harmlessly reduced by a simple course of treatment which puts no restriction on diet and no inconvenient processes which worry busy people. The book will be sent post free for three penny stamps.

No. 7372.—GIRL'S SMART AFTERNOON FROCK.

Looks very pretty in cream veiling, the skirt pleated to fit the figure. The blouse, closing at back, is decorated with a tucked band. Lace decorates the skirt and bodice. Puff sleeve with added kimona sleeve. 44-inch veiling, 6 yards.

*Price of Paper Patterns, Skirt, 1s. 0½d.; Blouse, 6½d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

## Descriptions of the Illustrations.

(*Concluded from Page 36.*)

**A Renovated Blouse.**

**No. 7364, Page 32.** An old-fashioned cloth blouse (to match a skirt) had its old sleeves taken away and a full sleeve of silk to match mounted in its place. A Kimona effect was obtained by arranging a lined and stiffened band of velvet round the armhole. A band of velvet was arranged round the neck and down the right front, and a velvet belt was made, lined and stiffened with Featherbone. If preferred, a chemisette of the silk (to match sleeve) can be added. This sleeveless blouse is a capital alternative to have with a complete bodice which has skirt to match.

**Neck Bow of Chiffon.**

**No. 7365, Page 32.** This pretty trifle is useful to fill in the open fronts of a blouse or coat. It is edged with lace.

**Lace Collar.**

**No. 7366. Page 32.** A very useful thing for a visiting or travelling outfit, as it smartens a very plain bodice or blouse. The collar and tabs are finished with a neat picot trimming.

**A Draped Belt.**

**No. 7367 Page 32.** It is draped to flat pattern on firm Featherbone. Good style for broad silk or satin ribbon or piece velvet (on cross). It hooks in front beneath little rosettes of baby ribbon.

**Charming Muslin Fichu.**

**No. 7368. Page 32.** Capital model to smarten a plain bodice. The muslin is gathered on the shoulder, and is edged all round with lace.

**A Pretty Silk Collar.**

**No. 7369, Page 32.** Silk is cut to shape, hooking at back, supported by fine cased Featherbone. It is trimmed with ribbon-threaded beading and little silk frills. The trimmed tabs are very smart.

**A Kimona of Ribbon.**

**No. 7370, Page 32.** Very smart, made up to flat pattern with bands of velvet ribbon and lace. Lace epaulettes. Narrow lace edges the ribbon. Rosettes of lace and ribbon hold down each ribbon strap.

**A Pretty Plastron**

**No. 7371, Page 32.** To fill in open bodices. Plastron and collar (hooking at back) are of satin, tucked to flat pattern, trimmed with lace medallions, bands of lace insertion and satin pleatings.

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NOTE.—In sending remittance for paper patterns our readers will greatly oblige if they send it in halfpenny stamps, or in P.O in preference to penny stamps.

## SPECIAL NOTICE.

In consequence of the reduction in the cost of postage to CANADA the subscription rate for "MYRA'S JOURNAL" to Canada *only* is 4s. per annum.

"Of all the ladies' papers that are published 'Myra' is undoubtedly the very best."—M. H.

# Result of the Prize Competition.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

## COOKERY RECIPES.

**A prize of 2s. 6d. has been awarded for each of the following Recipes:—**

MILK JELLY.—Excellent for rheumatic patients. Soak 1oz of gelatine in ½ a pint of cold water; add 6oz lump sugar and the grated rind of 2 lemons. Pour over this ½ a pint of boiling water, and stir till the sugar is melted. Then add 1 pint of new milk, 2 eggs, well beaten, and lastly, when nearly cold, the lemon juice. Strain through a sieve, and pour into moulds which have been rinsed in cold water.—Miss MABEL JONES, The Poplars, Whitwell, near Mansfield.

A USEFUL BREAKFAST DISH.—Well butter a glass mould, or pudding basin. Cut into slices a hard boiled egg, and place on the sides and bottom of the mould, fill up the centre with layers of cold chicken, veal and ham (odd pieces, of any size will do), pour over some good, clear veal stock, with a little gelatine and a few drops of lemon juice added. When quite cold, press a plate over it, with a heavy weight on it. Leave all night, and turn out for breakfast. Garnish with beetroot and watercress.—Miss LILIAN SMITH, Meadowleigh, Emsworth, Hants.

A NICE MIXTURE FOR TARTS AND PUDDINGS.—Wash a pound of currants, rinse thoroughly, cover with clear water, and allow to soak all night. Then put both currants and water into an enamelled saucepan; peel and slice a pound of apples, add about half a pound of sugar; stir all together, and bring to the boil. Simmer gently till the apples have become transparent, and the whole is almost like jam. This should take about half an hour. When cooled, add ¼lb of mixed peel, finely chopped, a little nutmeg and ginger, and a few drops of essence of almonds or ratafias—or both, if preferred. Put into jars and tie down when cold. This mixture is very good, and makes a pleasant variety for rolypoly puddings.—Mrs. H. STORR, 5, Albany Ride, Waltham Cross.

APPLE AMBER.—Required: 1lb apples, 2 yolks of eggs, stale cake crumbs, 2oz castor sugar, one lemon, and water to mix. Short pastry to line dish is made with 3oz flour, pinch of salt, 2oz butter, lemon juice, and water to mix. Method: Peel and core apples, stew them till tender, then beat with a fork, add cake crumbs, eggs, sugar, lemon rind and little juice, making mixture fairly stiff. Line an oval dish with pastry, put in mixture and bake for fifteen minutes. Then beat two whites of eggs to a stiff froth, and put on amber when baked. Return to oven and slightly brown. This is very nice either hot or cold.—Miss PERCY, 50, Larkspur Terrace, Jesmond, Newcastle-on-Tyne,

**FOUR PRIZES, EACH 2s. 6d.,**
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

**FOUR PRIZES, EACH 2s. 6d.,**
ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

## COMMENDED AND RECOMMENDED.

HARICOT SOUP.—Soak 1 pint of haricot beans for twelve hours in cold water. Melt 1oz dripping in a pan, add a small onion, a small carrot, a small turnip, and a piece of celery, all washed, peeled, and nicely sliced, together with a bunch of herbs and 2 cloves. Fry all these together for five or ten minutes, keeping it all well stirred, to prevent burning. Now add the soaked haricots with 1 quart of stock, or water, and simmer till quite tender (about four hours); rub through a sieve; reheat, and season with pepper and salt.—Belfast.

BAKED ORANGES.—Cut the tops nearly off, leaving a hinge. Bake as you would bake apples, and serve very hot. Eat egg-fashion, with sugar. Whipped cream with baked oranges is a great improvement. Oranges treated thus are both wholesome and nice, and this method of using them is new.—Kilteel, Co. Down.

BOILED TOMATOES.—Place the tomatoes in an enamelled saucepan, in boiling water, and cook for about three minutes; serve hot, on buttered toast. These are delicious, and have the advantage of being very quickly prepared for table. — Nottingham.

AN AUSTRALIAN RECIPE FOR LOBSTER OR SALMON CURRY.—A tin of lobster, or an equal quantity of fresh fish, 1 pint of milk, 1 tablespoonful of flour, 1 tablespoonful of curry powder. Put the milk into the pan, and let it come to the boil, thicken the flour and curry powder, add pepper and salt to taste, then add the fish by degrees, and stir every now and then; simmer for about ½ an hour if fresh fish is used; if tinned, cook 20 minutes only.—Clacton-on-Sea.

## HOUSEHOLD HINTS.

**A prize of 2s. 6d. has been awarded for each of the following Hints:—**

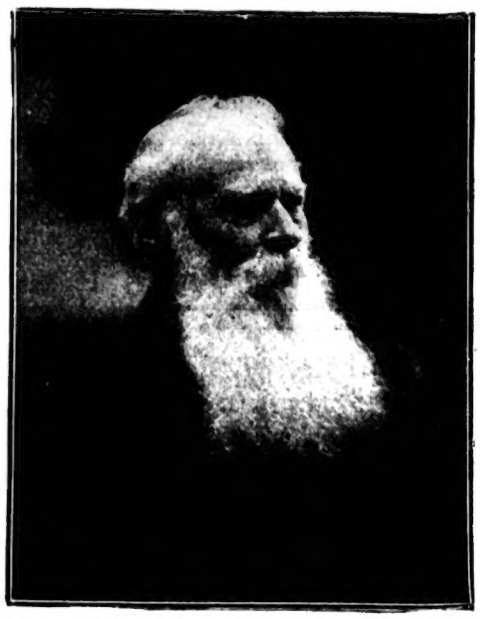
A BRIGHT GRATE.—Everyone likes a bright grate, but much needless time is spent in keeping it so. The following gives a beautiful polish with little labour: Rub the blackleaded parts with furniture polish. Apply it with a flannel, and polish with a dry flannel. It will be superior in every way to an ordinary blackleaded surface—the polish brighter, the black better; and it will only require rubbing for several weeks afterwards, a great economy of both time and labour.—Mrs. E. SMITH, Railway Station, Itchen Abbas, Hants.

A GOOD FLOOR STAIN.—A good, penetrating floor stain, which does not wear off easily, is made from aniseed oil, coloured to the right shade with ground burnt umber. Mix the umber to a paste with a little of the oil, avoiding lumps. Then add the rest of the required oil by degrees. Test the colour on a spare piece of wood before using on the floor. Apply with a flannel pad, rubbing the way of the grain; and when dry polish in the ordinary way with beeswax and turpentine.—Miss BEDFORD, 12, Priory Crescent, Lewes, Sussex.

A USEFUL HINT FOR RIPENING TOMATOES.—To ripen green tomatoes put them in paper bags, and keep in the dark. They will then ripen gradually, and be perfectly firm, and a rich colour. Never place them on a mantelshelf as the skins become wizened, and the fruit will lose its flavour.—Miss LILIAN DOBSON, Hilton Road, Mapperley, Nottingham.

TO MAKE BOOTS WEAR LONG.—Boots will last double the time, and will also be waterproof, if a coating of Copal varnish is given to the soles, and when dry, a second coat. From time to time the application should be renewed.—Miss MUNRO, 15, Broadwater Down, Tunbridge Wells.


* MERCURY. *



The Old Astrologer.

Confide in me, your Guide, Philosopher, and Friend. I will read the Stars for you, and reveal your destiny. Thousands of Testimonials from delighted clients. Send Birth Date and 1s. P.O. for Horoscope of your life, with twelve months' directions and confidential advice.

15. HAWTHORN ROAD, LLANDAFF. GLAM.

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SOLID GOLD WATCH PUZZLE.

GREAT OFFER BY A RESPONSIBLE FIRM. IT COSTS YOU NOTHING TO TRY.

To any person who can supply the correct names of these two well-known **Towns**, and fulfils conditions below, we offer our £8 Lady's **SOLID GOLD WATCH**, stamped fully jewelled, as a **FREE GIFT**. (Silver watches are presented to Gents.)

**Send your attempt on a sheet of paper, together with stamped addressed envelope for reply to FELLOWS & CO., 10, Grosvenor Buildings, Steelhouse Lane, Birmingham. The winner is required to purchase a Chain from us to wear with watch. The name of this paper must be mentioned. Prize-winners of last competition were:**

Miss L. DAVIES, 11, Broughton Rd., West Ealing, London.
Mr. R. BURTON, Stanford, Farringdon, Berks.

ASTROLOGY.

Reliable horoscope of character, marriage, and business Send Birth-date, 1s. P.O. and stamped envelope to MDME. ZETELLA (Box 9), Glen Villa, Cleadon, Sunderland. Your future, changes, &c., given free with above horoscope.

CULTO

**A Marvellous Christmas Present for 1s.**

Buy your dearest and sweetest friend, be it your wife, sweetheart, or sister, a Crayon of "Culto"; it will charm and give pleasure to all who are fond of beauty. Order early, as your chemist may not stock it. Boots, Cash Chemists, do, and all wholesale chemists, or **1s. 1d.** post free from **THOMAS BELVOIR & Co.**, Dept. 22, **NEW SOUTHGATE, LONDON, N.**

Best in 1787: Best ever since. 100 Years' Reputation. A Test of Reliability. **FOR LADIES.**

KEARSLEY'S ORIGINAL
WIDOW WELCH'S PILLS.

**Frequently ordered by Specialists.**

Awarded Certificate of Merit for the cure of Anæmia. They have the approval of the Medical Profession. Boxes, 1s. 1½d. and 2s. 9d., of all Chemists, or by post, 1s. 2d. and 2s. 10d. Dept. M., C. AND G. KEARSLEY, 42, Waterloo Road, London, S.E. Insist on having **KEARSLEY'S.**

A CLEAR COMPLEXION!

PIMPLES, BLACK SPECKS, SUNBURN, FRECKLES, and Unsightly BLOTCHES on the Face, Neck, Arms, and Hands, can be INSTANTLY REMOVED by using MRS. JAMES'S HERBAL OINTMENT, made from herbs only, and warranted harmless. It imparts such a lovely clearness to the skin that astonishes everyone. Of all Chemists, or a box (with directions) sent free from observation on receipt of postal order for 1/3 and 2/11.

MRS. C. JAMES, 268, CALEDONIAN ROAD. LONDON, N.

# Correspondence.

## RULES.

*1. To be answered on this page in the next number, letters must reach us not later than the 3rd of the month.*

*2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.*

*3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.*

*4. Queries to be answered by post must be limited to three.*

*5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.*

*Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.*

## DRESS AND HAIR-DRESSING.

*Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.*

MARTINET.—(1) You will find a good design for Marquisette on page 3. Send to Thompson's, 163 to 168, Tottenham Court Road, for patterns. You can get it from about 2s. the yard. (2) I am publishing in my next number a velveteen picture gown which was renovated from such a tea gown as yours of red Louis chiffon Vel Duvet. Look out for it — it is a lovely model. (3) Your silk-and-wool satin will make up splendidly as the new long "eel" skirt. From the waste you could get enough for a pinafore over-blouse. You could not do better than use the two free patterns given away with our last number (December). They are exquisite designs. The under-blouse should be *white*. I admire much the delicate silvery green of your satin. You should evolve a really lovely gown. Copy the blouse design also (one of the December free patterns), and make it all white—ribbon drapery as well as the transparent net or chiffon employed.

ANXIOUS TO LEARN.—Skilled lady's maids get very good wages, but they must know their duties. A great deal of alterations and renovations of gowns will come their way, so they should be good dressmakers of approved taste. This knowledge I understand you have. But you could never gain good wages if you are not also a good hairdresser. You really must understand that thoroughly. So you ought to take at once a course of lessons from Monsieur Tarlita (77, New Bond Street, W.). The multifarious deft little services a good maid must render, you will find ladies willing to teach you, if you consent to start at a moderate figure. But dressmaking and hairdressing you must acquire thoroughly before you seek a place.

DUNA.—(1) Some of the latest Paris models have absolutely tight coat sleeves, the shoulder part richly braided to counteract the flatness. In England, people are not yet in tone with such a drastic alteration, so we have prepared our new coat models with the coat sleeve *slightly* pleated at the shoulder. If you require a *really* tight coat sleeve for these coats (on pages 7 and 10) it will be substituted for the stock sleeve for 3½d. extra (stock size). (2) The cheapest lace for a party frock is Limerick or Tambour lace—a fine net ground with darned delicate design. It is very flimsy, and requires to be very full and well supported. A good many court trains will be of this lace. First of all, for the skirt, you require an "eel" foundation skirt of white satin. On this you must have a plain skirt (not "eel," however) of white chiffon. Then you must have a full skirt of chiffon. Last of all you must have a fuller skirt of the lace. When first put on, such skirts look a little bit "bunchy," now that such soft skirts are in vogue, but after an hour's wear, the delicate materials droop and flatten, and a lovely soft-looking skirt is the result. If not thus supported, Limerick lace would look a mere rag after once wearing. (3) No lace is mounted now direct on satin. The satin is veiled with full chiffon, or else the lace is backed with chiffon. Everybody backs real lace with chiffon, because it helps to preserve its more delicate parts, and, if the lace lies on the bare skin, it prevents it getting soiled or greasy. The less real lace is cleaned, the better.

## COUPONS.

*Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—*

**EMPLOYMENTS.**
JANUARY, 1908.

**DRESS AND HAIRDRESSING.**
JANUARY, 1908.

**HEALTH AND BEAUTY.**
JANUARY, 1908.

**ETIQUETTE.**
JANUARY, 1908.

**COOKERY & HOUSE MANAGEMENT.**
JANUARY, 1908.

## EMPLOYMENTS FOR LADIES.

*Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.*

*Continued from Page 31.*

DRESSMAKER (D. E. U.).—I am glad to hear that my correspondent has given you work, but I am sorry I cannot re-insert your notice, as you have not cut out the printed notice from the Register according to our rule. Your number is 482. Please do so, and I will re-insert it.

POINT LACE (E. T.).—Certainly, I am very pleased to do so.

DRESSMAKER (R. G. H.).—I am glad to hear my correspondent (Mrs. C.) has communicated with you with regard to work. I hope it will be to your mutual satisfaction. Kindly send your notice in again, otherwise I cannot recommend you, according to our rule.

ADDRESSES WANTED OF WORKERS (Mrs. C. H. Tonbridge).—Neither stamped envelopes nor stamps were enclosed in your letter. Consequently I cannot answer it. I am sorry to say it is not my poorer correspondents who expect to get information for nothing, and who disregard our very simple rules!

DRESSCUTTING, &c. (Miss L.).—I am pleased to put you on my Register.

DRESSMAKING AND UPHOLSTERING (M. W.).—I am glad to put you on my Register. I have no doubt you will obtain some orders.

KNITTED THINGS, &c. (L. M.).—I remember you quite well, and am very sorry to hear of your illness. I am putting your notice in. It arrived much too late for the December issue, and I trust orders may result. I am registering your friend's address as orders are to be sent to her.

UPHOLSTERING, LACE CLEANED, &c. (Misses K. and J.).—I am putting your notice in. You are already on my list for dressmaking. To be of use you must keep your notice in regularly. I have already given your names to ladies who wanted work done, so I hope you may get some orders.

DRESSMAKING, COATS, &c. (M. C.).—I am glad to hear my correspondent employed you, and that you have given satisfaction. She has not yet written to me, and I should be glad if you would ask her to do so, as it is only fair when a worker has done her best, and it enables me to recommend again with confidence. I will do my best for you, but you must keep your notice in regularly.

UPHOLSTRESS WANTED (Mrs. C.).—I have forwarded several letters to you, and I am sorry to hear that you do not now require anyone, as you have done the work with your housemaid's help. I am sure among the many dressmakers on my books I could find one to suit you. If you will send me six penny stamps and a stamped envelope I shall be glad to give you suitable names and addresses.

DRESSMAKER (Miss K.).—I am so glad to hear my correspondent has employed you. Please ask her to write if you give satisfaction, as no doubt you will.

COSTUMES, &c. (Miss L.).—Certainly I will put you on my Register. I have already given your name to a correspondent, so I hope something may result. I am glad to hear that: "In the business I find MYRA'S JOURNAL most useful, and it is always liked by all ladies that I show it to."

LETTERS FORWARDED (Mrs. S. Guildford).—I forwarded your letters to 512 and 513, and I hope you were able to employ my correspondents, and that they gave satisfaction. It would be kind of you to let me know.

TABLE CENTRES (K. B.).—I sent on a P.O. for one of your travelling cases. I hope these may be also successful. Read what I say about fancy work in this issue.

FURS ALTERED, &c. (A. P.).—I sent on a letter to you just before receiving yours, so I hope you got the work. I recommend you whenever I can.

DAILY DRESSMAKING (E. C.).—Certainly. I have no doubt you will get work in this way.

DRESSMAKER (L. C. A.).—I have sent you an address of someone who wanted work done, and also given your name to others, so I hope you have obtained something by now. Keep your name on the Register. It is the only way to get known.

TEACHING DRESSMAKING, &c. (J. M. D.).—Certainly I will put you on my Register. You seem well qualified in every respect. I am glad to hear that you have already obtained a teaching engagement through MYRA. I wrote to you privately, but have not yet heard. If you take my advice you will answer letters promptly.

## PRIZE COMPETITION.

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

**FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and**

**FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.**

Competitors must send in their Recipes and Hints on or before January 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

**COOKING RECIPES.**
JANUARY, 1908.

**HOUSEHOLD HINTS.**
JANUARY, 1908.

The Result of the Competition will be published in the March number.

NOTE.—All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of the number containing list of prize-winners, the prize will be cancelled. Applications MUST NOT be made to Mrs. Hope, but to Messrs. BEETON & Co., 10 & 11, Fetter Lane, E.C.

**"'Myra's Journal' is a great boon to us out here in South Africa."**

# OUR FREE BARGAIN COLUMNS.

***Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.***

## RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

*This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns,* MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

*Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.*

**Free Bargains Coupon.**

**Myra's Journal, January, 1908.**

### DRESS AND MILLINERY.

SEVEN-GORE TAILOR SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

DRESSMAKER, daily. Ladies' houses, town, country. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

DARK TWEED COSTUME, 5s. 6d., good CREAM SERGE SKIRT, 7s. 6., medium. Postage. M3707

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

CHRISTMAS PRESENTS. Lovely wool boas, equal to feathers. 6s. 6d. post paid. Approval. M3701

Handsome, light BROWN BEAR STOLE. 70 inches long, only 15s., a bargain. M3.99

BLOUSES, BLOUSES, BLOUSES. The well-known Evernete Blouse, from 2s. 6d. Send for illustrated catalogue. Henrietta Baker, Dept M., 11, Park Road East, Acton, London.

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Mrs. Dolan, DRESS and COSTUMIER, 7, Goodge Street, Tottenham Court Road, W.

HOME DRESSCUTTING AND MAKING TAUGHT; experienced teacher; practical dressmaker. Tailors' or Guerre system.—D., 120, Seymour Road, Harringay.

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Miss Gaury, DRESSMAKER, RENOVATOR. Ladies' house or home.—20, Perth Road, Stroud Green, N.

CORSETS made to measure from 7s. 11d., patterns copied from 10s. 6d. Illustrated catalogue on application.—Madame Lee, The Popular Corsetière, Elm Grove, Southsea.

Madame Leonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

Mesdames Flynn and Roebuck, PARISIENNE DRESSMAKERS. Exclusive designs. Terms moderate.—3, Ladbroke Road, Notting Hill Gate, W.

### JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

Ladies' short SILVER ALBERT. Stamped. Exchange. M3698

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Cissy Piper, Vincent House, Wakefield, wants two good MANDOLINES.

STAMP EXCHANGE desired. Send postcard particulars.—G. Mann, 105, Alcester Road, Birmingham.

150 good POSTCARDS—artistic views, actresses, &c. 6d. dozen; 5s. lot. Handsome owl, dressed, suitable for toque, 4s., or offer. Approval, carriage paid. M3567.

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Wanted BOY'S OWN PAPERS in exchange for music or other magazines. M3665.

PHOTO CABINETS, 3 for 1s. 3d.; PHOTO POSTCARDS, 6 for 1s. 3d.; all official size; send photo.—Sigsworth, Harbottle, St. Byker, Newcastle-on-Tyne.

MANDOLIN, accept 5s., or exchange.—Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.

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Ladies should not throw away their old Corsets, but send them to Madame Lee, Elm Grove, Southsea, who will clean or renovate them equal to new. Charges strictly moderate; trial solicited.

DOLLS DRESSED for bazaars, &c., from 2s. doz.—Cheynes, Sutton Valence, Kent.

Lady has SILKS FOR DISPOSAL, suitable for patchwork for bazaars.—Apply, Madame Louise, 37, Hamlet Court Road, Westcliff.

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SUPERFLUOUS HAIR. DEPILATORY destroys the roots without any ill effects; recommended. Sample bottle, 1s.—White, 638, Fulham Road.

Orders earnestly desired for CROCHET, D'OYLEYS, TRAY CLOTHS, DRAWN THREAD WORK. Recommended.—Miss Pooley, 2, Grove Road, Horley.

RECAMIER CREAM ENAMEL produces lovely complexion. Post free, 1s. and 2s. 6d. M3703

HAND-KNITTING.—Sweet baby bonnets, socks, &c. Lists sent. Orders desired. M3702

QUANTITY SILKS, VELVETS, suitable making Christmas presents, bazaars, &c.—245, Park Lane, Tottenham.

# DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

**DRESSMAKERS' COUPON. JANUARY, 1908.**

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

### *DRESSMAKING AT LADIES' HOUSES—*

Miss E. Allison, 38, Burnt Ash Road, Lee, S.E.
Miss L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss Atkinson, 29, Tower Street, West Hartlepool, Durham.
Miss E. Baker, 143, Station Road, Forest Gate, Essex.
Miss A. Benbow, 481, Green Lane, Small Heath, Birmingham.
Miss Brooks, 79, Harwood Road, Fulham, S.W.
Miss Connery, 8, Haselrigge Road, Clapham.
Miss Cove, 93, North Street, Edgware Road, W.
Miss Coward, 82, Camden Road, N.W.
Mrs. Davey, 77, Blatchington Road, Hove.
Miss Dodd, 7, Gorringe Park Parade, Tooting Junction.
Mrs. England, 440, Edgware Road, W.
Miss Gook, 21, Hollywood Road, South Kensington.
Miss H. Graeff, 7, Boscombe Road, Tooting, S.W.
Mrs. James, 56, Southlands Road, Bromley Common, Kent.
Miss O'Connor, 29, Richmond Road, West Kensington, W.
Miss Robinson, 69, St. Thomas's Road, Finsbury Park, N.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.
Miss Tory, Fair View, Dundry, near Bristol, Somerset.
Miss E. Willson, 77, Cloncurry Street, Fulham Palace Road, S.W.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

### *LADIES' OWN MATERIALS MADE UP—*

Madam Amie, 1 and 4, New Quebec Street, Portman Square.
Madame Henrietta Baker, 11, Park Road East, Acton, W.
Miss E. Bessant, 26, Speenham Rd., Stockwell Pk. Walk, Brixton, S.W.
Miss M. Brand, 41, Howland Street, Tottenham Court Road, W.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Mrs. Connolly, Limes Cottage, Boreham, near Hailsham, Sussex.
Miss Davies, 120, Seymour Road, Harringay, N.
Misses L. and M. Dines, 14, Dalton Villas, Mill Hill Grove, Acton, W.
Mrs. England, 440, Edgware Road, W.
Mrs. Doran, 7, Goodge Street, Tottenham Court Road, W.
Laura Drake, 122, Great Western Rd., Westbourne Pk., Bayswater.
Mrs. Eadie, 98, Elgin Avenue, Maida, Hill, W.
Mesdames Flynn and Roebuck, 3, Ladbroke, Road, Notting Hill Gate.
Miss Ganey, 20, Perth Road, Stroud Green, N.
Mrs. Gooch, 71, Hewitt Avenue, Wood Green.
Mrs. Groom, 65, Bullar Road, Bitterne Park, Southampton.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Miss E. Rainger, 12, Honiton Road, Kilburn, N.W.
Miss Flora Ratcliffe, 20, St. Luke's Road, Bayswater, W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.

### *LADIES' AND CHILDREN'S MILLINERY—*

Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
The Parisian Renovating Hat Co., 77, Claverton Street, London, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

### *LADIES' SHIRTS—*

Edward M. Deighton, 16, Aldgate Avenue, London, E.C.
Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.

### *PILLOW LACE MAKER—*

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

### *CORSETIERE—*

Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W

### *FURS RENOVATED—*

Miss Annie Blanch, 638, Fulham Road, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
W. H. Keep, 69, Pembroke Street, Caledonian Road, N.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Madame Vane, 53, Arundel Square, Highbury, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

***All Coupons must be received by the 1st of each month preceding date of issue.***

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For its rich, handsome appearance, lovely artistic draperies, and sterling good wearing qualities, we recommend for seasonable and fashionable Outdoor Dresses, Dinner and Reception Gowns, Tea Gowns, Children's Dresses, and all Trimming purposes, &c., at a very moderate cost.

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Ladies experiencing difficulty in obtaining "LOUIS" Velveteen are requested to write to the Manufacturer, 57, Newton Street, Piccadilly, Manchester, who will furnish the address of the nearest Draper supplying it.

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NOTE WELL.—Every yard of the Genuine bears the name spelled "L-O-U-I-S," and is guaranteed.

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NO MORE ROUGH HANDS. SOFT WHITE HANDS.

IS UNEQUALLED FOR PRESERVING

THE SKIN & COMPLEXION

FROM THE EFFECTS OF

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IT REMOVES AND PREVENTS ALL

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KEEPS THE SKIN DELICATELY

SOFT, SMOOTH, AND WHITE

AT ALL SEASONS.

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Customers will find the Long and Medium Hips the most serviceable.

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Short Hips. 5/- & 7/6
Medium ,, 7/- & 9/-
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To Bodice, 9/6 extra.
Portable in box, 21/6.

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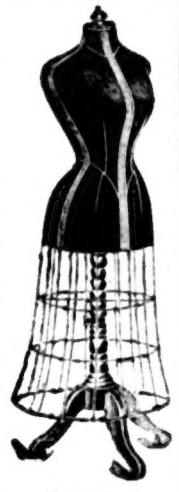

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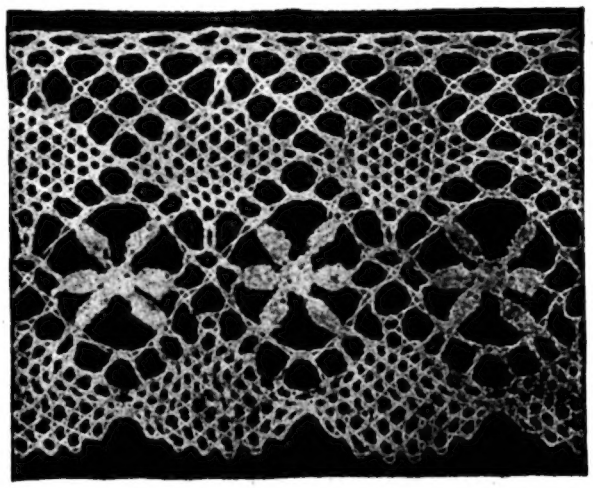

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